

T&O Training Post Summary

Trust

City Hospital Sunderland

Trainer

Mr Gavin DeKiewiet

Job Summary

This post, under the supervision of a single Consultant, offers a very broad training in Paediatric Orthopaedics, Young Adult Hip, Limb Reconstruction and Foot and Ankle Surgery. The post will involve trauma weeks as part of a rolling rota and generally weekend on calls coincide with your Consultants trauma week.

GDK regularly oversees Ponseti treatment for clubfoot in children in conjunction with the limb reconstruction team members and there is ample opportunity to learn this and perform TA tenotomies. Likewise there is good exposure to DDH management ranging from adductor tenotomies and hip spica application through to open reduction and osteotomies for hip dislocations. This ties in with the young adult hip practice for which GDK performs hip arthroscopy, open surgical hip dislocation and periacetabular osteotomies. Although a relatively small part of GDKs practice, there is regular exposure to management of children with cerebral palsy with a joint clinic about twice a month with the Paediatric Neurodisability team. You will be involved in surgical interventions ranging from administration of BoTox, to multi-level soft tissue releases, to osteotomies for neuromuscular hip dislocation.

GDK also performs 1st ray surgeries in the form of osteotomies and 1st MTPJ interposition arthroplasties which may be useful for indicative numbers. This is a good job for those trainees approaching the FRCS exam as many topics from the orthopaedic syllabus are covered here, but could be suitable for a trainee of any level. GDK is a faculty member for AO Paediatric Trauma and regularly lectures internationally on limb reconstruction and joint preservation surgery.

The unit is a large and busy District General Hospital, with trauma being managed by two Consultants on a trauma week system, allowing the trainee the opportunity to develop an interest and skills in the management of all types of trauma, with GDK regularly managing complex trauma requiring limb reconstruction with ring fixation.

There are daily trauma meetings and weekly educational meetings, with monthly journal clubs. The trainee will be expected to become involved in unit audit and governance meetings, and would be welcome to develop any research interests.

Weekly timetable

Mon	Tue	Wed	Thu	Fri
Theatre	Either Theatre or Audit / research	Theatre	Clinic	Theatre
Clinic / Teaching		Clinic	WR / admin	Clinic