

T&O Training Post Summary

Trust

City Hospitals Sunderland Foundation Trust

Trainer name(s)

Miss Sarah Klenka
Mr Sam Dalal

Job Summary

This post offers training from two trainers with a special interest in all aspects of hand and wrist surgery. The post offers experience in elective hand and wrist surgery, general orthopaedic trauma and hand trauma (including flexor tendon surgery). Hand Trauma is seen in dedicated multidisciplinary Hand Trauma Clinics, serviced by dedicated Hand Trauma Lists. The trainee will gain general trauma experience on a trauma week basis with Miss Klenka. Once a month Mr. Dalal has a primary care carpal tunnel list, which the trainee is timetabled to attend. The weekly clinical timetable can be flexible to accommodate the training requirements of the trainee.

Trainees of all grades will be able to gain sufficient exposure in hand and wrist surgical procedures as our practice covers all aspects of this sub-specialty. Senior trainees will gain experience with complex hand trauma cases and arthroscopic and reconstructive wrist surgery with more junior trainees learning tendon repair techniques and treatment of common conditions of the hand. We would expect you to achieve the indicative numbers for carpal tunnel decompression and tendon repairs in this post and at least 175 logbook cases in 6 months.

There is a monthly journal club and departmental upper limb teaching. The trainee will be expected to contribute to the department's monthly audit & governance meetings. In addition trainees will be given ample opportunity to undertake research under the guidance of both trainers, who are actively involved in several on going research projects.

Weekly timetable (flexible to meet training needs)

	Mon	Tues	Wed	Thurs	Fri
am	Hand Trauma Clinic (SD)	Theatre (SK) New Pt Clinic (SD 1 in 4 wks)	Review Clinic (SD/SK)	Research/Audit	Hand Trauma List (SK)
pm	Regional teaching Hand Trauma List (SD)	Theatre (SK) Carpal Tunnel List (SD 1 in 4 wks)	New Pt Clinic (SD - Alt weeks)	Fracture & Hand Trauma Clinic (SK)	Theatre (SD) or NP Clinic (SK)