

T&O Training Post Summary

Trust

City Hospitals Sunderland

Trainer name(s)

Mr A N Stirrat
Mr Y Michla

Job Summary

This post offers training from two upper limb Surgeons. The post covers the whole scope of elective & emergency surgery in the upper limb. This would include opportunities to learn & undertake a widely varying caseload encompassing shoulder, elbow, and wrist & hand surgery. Mr Stirrat is one of the most senior upper limb surgeons in the deanery & has a vast experience in all aspects of upper limb elective & trauma surgery, as well as in training registrars at all levels of seniority. Mr Michla was recently appointed to the consultant faculty in Sunderland. He has a special interest in complex shoulder trauma & trainees would be expected to gain experience in the varying modalities of treatment for these challenging cases.

The post offers the opportunity to learn and perform a variety of differing cases. The elective workload includes arthroscopic shoulder surgery, with the chance to experience both arthroscopic & "mini open" rotator cuff surgery, arthroscopic shoulder instability work, primary & revision shoulder arthroplasty, open & arthroscopic elbow surgery as well as a wide variety of elective wrist & hand surgery, including Dupuytren's surgery. The trauma caseload includes proximal humerus fixation & primary arthroplasty surgery, (including use of reverse polarity arthroplasty in a complex trauma setting). This post is suited to trainees of all seniority.

The unit is a large and busy District General Hospital, with trauma being managed by two Consultants on a trauma week system, allowing the trainee the opportunity to develop an interest and skills in the management of all types of trauma including complex trauma such as spines, pelvic / acetabular fixation reconstruction, and limb reconstruction using ring fixation. There are daily trauma meetings and weekly educational meetings, with monthly journal clubs organised by Mr M. Krishnan. The trainee will be expected to become involved in unit audit and governance meetings, and would be welcome to develop any research interests.

Weekly timetable

| | Mon | Tues | Wed | Thurs | Fri |
|----|--------------|---------------|---------------------------|---|--------------|
| AM | Theatre (YM) | #O/P (YM) | Theatre (ANS) | Theatre (ANS) | |
| PM | New O/P (YM) | New O/P (ANS) | O/P (YM) Theatre (ANS) | Theatre (YM) # & Review O/P (ANS) | Theatre (YM) |