

T&O Training Post Summary

Trust:

Northumbria Healthcare NHS Trust

Trainer name(s):

Mr Rajesh Kakwani

Job Summary:

The Foot and Ankle post at Northumbria is an optimal combination of exposure to elective foot and ankle practice as well as General trauma. Although the post can be catered to any level of training, it is best suited to the early years. The trainee can expect to accomplish the necessary JCST numbers for first ray surgery. The trainee shall get exposure to the broad spectrum of foot and ankle pathology including forefoot deformities, hindfoot arthritis, Sports injuries, ankle and hindfoot arthroscopy / fusion, ankle arthroplasty and specialist foot and ankle trauma. The trainee is encouraged to practice presenting cases in the clinic and during the pre-operative ward rounds in the FRCS Orth exam style. The cases are then discussed to formulate management plans.

The trauma rota presently includes a week of Trauma clinics followed by a week of trauma theatre lists with a good exposure to extremity trauma. The trauma weeks are generally under the supervision of Mr Kakwani and occasionally under other trainers as well. There is a daily trauma meeting, weekly registrar teaching, regular journal clubs and audit meetings.

North Tyneside was voted the Best Training centre on the last GMC Trainee survey.

The Foot and Ankle unit at Northumbria runs a monthly complex foot and ankle clinic for examination and discussion of complex foot and ankle cases. This is preceded by a The Foot and Ankle complex case discussion meeting. This provides an excellent opportunity for the trainees to be involved in the discussion with 4 dedicated foot and ankle Consultants. The unit also encourages trainees to actively participate in the ongoing audit and research programme. There are 3 monthly research meetings to discuss and update all the current projects.

Weekly timetable

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|----|-------------------------------------|----------------------------|------------------------|-----------------------|----------------|
| am | OPD (Hexham) | Complex foot clinic (1/12) | Fracture clinic (NTGH) | ? Theatre (Mr Coorsh) | Theatre (NTGH) |
| pm | Theatre (Hexham)/ Regional teaching | Ward round/ Theatre | Research | OPD(NTGH) | Theatre (NTGH) |