

T&O Training Post Summary

Trust

Northumbria Healthcare NHS Foundation Trust

Trainer name(s)

Ajay Malviya

Job Summary

This post offers trainees a unique opportunity to get an exposure to a wide variety of pathologies in the young adult hip, apart from standard hip and knee arthroplasty and trauma. The trainees would gain experience in assessing and diagnosing various pathologies of the hip like impingement, dysplasia, trochanteric pain and deep gluteal pain. By the end of the post they would be expected to be proficient in examination and principles of management of hip problems.

The post offers exposure to about 100-150 hip arthroscopies, 25-30 periacetabular osteotomies and 150-200 primary joint replacements a year. The unit runs a trauma week system on one in nine rota. The trainees would be expected to proceed to level three in arthroplasty and majority of trauma cases. The experience shall be catered to the year of training and individual skills.

The trainees will have the opportunity to actively engage in 1-2 research projects that they should take to publication. The unit has morning trauma meetings and participation in audits and monthly journal clubs will be desirable. Personal development is encouraged and supported. Exam going trainees would benefit from UKITE and BJJ "exam corner" practice.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am		HGH Clinic	WGH Clinic		WGH Th
pm	Regional teaching	HGH Th		Young hip clinic	WGH Th