

T&O Training Post Summary

Trust

Northumbria Healthcare NHS Trust

Trainer name(s)

Mr Jaime Candal-Couto

Job Summary

This post offers training from an experienced upper limb surgeon with a special interest in Shoulder surgery. The post is more suitable for the senior trainee who could develop advanced arthroscopic shoulder skills including instability and cuff repair work as well as developing skills in primary and complex shoulder and elbow arthroplasty. The post has a very high volume throughput of upper limb surgical cases, so it would also be suitable for a more junior trainee who wants to develop basic shoulder arthroscopic skills and also obtain experience in hand surgery with plenty of routine hand surgery cases available such as carpal tunnel decompression, trapezectomy and duputren's.

The post also includes general trauma but receives a high number of referrals of upper limb trauma from other consultants, particularly proximal humeral fractures. The clinics are busy and a multidisciplinary approach with the physiotherapist and radiologists is taken.

Mr J Candal-Couto is a member of the national education committee of the British Elbow and Shoulder Society and has organized the 2 previous regional teaching terms on shoulder and elbow. He is also the lead of upper limb surgery in Northumbria Healthcare NHS trust.

Engagement with Research and audit is encouraged and there are plenty of on-going projects to join.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Hexham Theatre)	Wansbeck Fracture Clinic	New shoulder clinic	free	theatre wansbeck
pm	Regional teaching	Theatre (RG)	free	Theatre Wansbeck	