

## T&O Training Post Summary

### Trust

Northumbria Healthcare NHSFT

### Trainer name(s)

Dave Cloke

### Job Summary

This post offers a broad experience in upper limb surgery with a focus on shoulder and elbow. He is a Northern Deanery trainee who has completed the Sheffield Shoulder and Elbow Fellowship before commencing as a consultant in 2010. His clinical focus is in shoulder arthroscopic surgery and shoulder arthroplasty, and all elements of these will be experienced including stabilisation and cuff repair, and total anatomical and reverse arthroplasty. Dave also undertakes elbow surgery including instability work and arthroplasty, and takes tertiary referrals in upper limb trauma. Experience will also be gained in hand and wrist surgery including participation in hand trauma lists, and common hand procedures including Dupuytren's and carpal tunnel surgery. Trainees can expect to progress according to ability. If trainees demonstrate progress in skills they should be able to undertake common shoulder arthroscopic procedures unassisted, and perform more complex reconstructive work and arthroplasty with closer supervision. Dave has enjoyed excellent feedback from trainees in previous posts. He is also RCS tutor for Northumbria Trust, and coordinates rotation placement of higher trainees in the regional programme. He teaches on numerous courses (including an in-house arthroscopy course) to which trainees will be invited. He also coordinates a weekly in house teaching programme.

### Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Alnwick Clinic	Free/extra list /clinic	Free	List	Clinic
pm	Regional teaching/ Alnwick list	Free	# clinic	List	Free/extra list/clinic