

## T&O Training Post Summary

### Trust

Northumbria Healthcare NHS Trust

### Trainer name(s)

Dominic Inman & Derek Kramer

### Job Summary

‘Two for the price of one’

This post offers the trainee excellent exposure to both primary and revision hip and knee arthroplasty, soft tissue knee surgery including arthroscopy and ACL reconstruction and both acute and sub-acute complex trauma.

The trainee can expect to become proficient to level 3 in primary arthroplasty and knee arthroscopy and also get good exposure to the management of complex lower limb fractures including tibial plateau fractures, peri-prosthetic fractures and non-/ mal-unions. Acute trauma operating is based on trauma weeks at The Northumbria Specialist Emergency Care hospital with, in addition, a regular tertiary referral trauma list every Tuesday morning at The Northumbria.

There are bi-monthly trustwide journal club meetings and audit meetings to which the trainee will be expected to contribute. We run a weekly morning StR teaching programme over the 6 months which has had excellent feedback in previous trainee surveys.

Mr Inman is an AO and ATLS instructor, is trauma lead for North Tyneside and also teaches annually on national hip and knee arthroplasty courses. He is chairman of the trust’s award winning Hip fracture quality improvement programme (HIPQIP).

Mr Kramer is soft tissue knee lead for the trust, is one of the trust’s four revision arthroplasty surgeons. His attention to detail is reflected in the fact that he has had zero infections in over 600 arthroplasty operations.

Trainees are expected to work hard and throw themselves into the job 110% and in return should have an excellent 6 months experience.

### Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
AM	Elective clinic NTGH-(DI & DK)	Theatre NSECH-(DI) Clinic (DK) (1 <sup>st</sup> , 3 <sup>rd</sup> , 5 <sup>th</sup> HGH, 2 <sup>nd</sup> & 4 <sup>th</sup> NT)	Clinic-NTGH(DI)/ Theatre-NTGH (DK)	Theatre-HGH (DK - alt wks)	Theatre-NTGH (DI)
PM	# clinic - NTGH/ Regional teaching		Theatre -NT(DK)	Theatre-HGH (DK - alt wks)	Theatre-NTGH (DI)