

T&O Training Post Summary

Trust

Northumbria Healthcare NHS Trust

Trainer name(s)

Roland Pratt

Job Summary

My job is suitable for all levels of trainee. The practice is upper limb with trauma. Training is in upper limb shoulder including the common shoulder arthroscopic procedures, shoulder replacement, elbow wrist and hand surgery. At the conclusion trainees with no previous experience will learn to perform carpal tunnel decompression, trigger finger release simple Duputrens, cubital tunnel release, tennis elbow release, shoulder arthroscopy with arthroscopic decompression and simpler arthroscopic procedures, as well as wrist approaches and treatment of small joint arthritis.

There will be the opportunity to attend a shoulder arthroscopic workshop in Sheffield run by the ourselves. Trauma experience is gained at upper limb lists at NSECH, and there are journal clubs and audit meetings.

I am very happy to support research and am currently PI for Northumbria for SWIFFT.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
AM	HGH Clinic	HGH alternate		NTGH	NTGH clinic
PM	Teaching	all day theatre		all day theatre	NTGH theatre