

## T&O Training Post Summary

Trust:

Northumbria Healthcare NHS Trust

Trainer name(s):

Mr Dave Townshend

Job Summary:

This post is based at North Tyneside and offers training in a busy, friendly foot and ankle team with exposure to trauma and all aspects of elective foot and ankle surgery. The trainee should gain exposure to all aspects of foot and ankle pathology, including forefoot deformity, sports injury and degenerative disease sufficient to fulfill beyond the FRCS(Orth) syllabus. The junior trainee should gain sufficient exposure to undertake index first metatarsal surgery to at least level 3 and a breadth of other forefoot and hindfoot procedures under supervision of the trainer. Senior trainees with a foot and ankle interest will be able to develop skills towards fellowship level.

Orthopaedic trauma is currently managed according to a trauma week system and the trainee will have the opportunity to develop his or her trauma management skills. There will be opportunity for trauma exposure with other trainers depending subject to timetabling. Complex Foot and Ankle trauma will be referred to the Foot and Ankle Team

The unit is active in audit and research with access to trauma and elective databases and R&D support. Trainees interested in undertaking substantial research projects should contact the unit in advance.

Formal teaching includes daily trauma meeting, weekly FRCS(Orth) topic teaching (Thursday AM) and monthly Journal clubs.

North Tyneside was voted the UK Best Training centre on the last GMC Trainee survey.

Weekly timetable

	Monday	Tuesday	Wednesday	Thursday	Friday
am	Forefoot list (alternate weeks)	Elective OPD (monthly complex clinic)	Theatre	OPD Hexham	Research/admin
pm	Elective OPD / Regional teaching	Fracture Clinic	Theatre	Theatre Hexham	Research/admin