

T&O Training Post Summary

Trust

NORTH TEES& HARTLEPOOL NHS FOUNDATION TRUST

Trainer name(s)

MR TAI FRIEEM AND MR CHANDRA BHATIA

Job Summary

This post offers unique opportunities to train in all aspects of adult spine from the spine unit with experienced trainers and experienced spinal surgeons. The post is most suitable for a senior trainee offering learning opportunities in adult degenerative spine, tumour, some spinal trauma as well as general orthopaedic trauma. The trainee would gain good exposure to all aspects of the spine including cervical, thoracic and lumbar spine, multiple approaches including minimally invasive techniques as well as learning the bi-mechanical rationale behind dynamic stabilisation of the lumbar spine and cervical disc arthroplasty.

Orthopaedic trauma is managed according to a trauma week system and the trainee will have the opportunity to enhance his skills in general orthopaedic trauma management.

Mr Friesem is a regular contributor to various international courses and the trainee will have an opportunity to join in research projects and possibly present at international meetings if he is successful in completing his projects.

There is a weekly MDT meeting for spines that the trainee will be expected to help in managing and have the opportunity to join in discussion of indications and plans for various treatments as well as contribute to the bi-monthly departmental audit and governance meetings.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Spinal clinic	Theatre	Spinal injection list	Theatre	Ward round
pm	Regional teaching	Theatre	Acute spine clinic	Theatre	Free

