



The trainee will work within the Upper Limb unit, which offers the following training exposure:

Elective:

Shoulder replacements (Hemiarthroplasty, Total shoulder and Reverse Polarity)

Arthroscopic shoulder surgery (ASAD, Capsular Release, Instability, Cuff Repairs)

Open shoulder surgery (Latarjet, ACJ reconstruction)

Elbow open surgery (Tennis elbow, OK, arthrolysis, instability, nerve decompression)

Elbow Arthroplasty

Elbow Arthroscopy

Complex upper limb reconstruction for non-union.

Trauma:

We undertake all complex upper limb trauma surgery for the department. This will include a weekly planned upper limb trauma list which treats patients who have been

referred by the general trauma team but requires the expertise of the upper limb team.

Proximal, midshaft and Distal Humerus fracture management

Elbow fracture management.

Clavicle and scapula fracture management.

The department is very busy and involvement in the day to day management of elective and trauma workloads is essential. We have a well supported Multidisciplinary team with 2 specialist physiotherapists, specialist nurse and surgical practitioners and MSK radiologist.

The trainee will have an opportunity to further their clinical skills in the use of office ultrasound techniques.

Upper limb activity is concentrated on the North Tees site but with some inpatient and outpatient activity held on the Hartlepool site. There is a dedicated 23 hour stay in Leven Unit for arthroscopy and upper limb surgery.

The trainee will participate in a 1:6 week of on call with their designated consultant and be part of the on call rota for the Orthopaedic department. Accommodation is provided for overnight stay if required.

The department trainers are fellowship trained. Mr Jeavons undertook his speciality training within the Northern Deanery then undertook fellowships in Trauma and Shoulder and Elbow Surgery at James Cook University Hospital with Prof. A. Rangan.

Job Plan and Provisional Timetable

The weekly Job plan for Mr. R. Jeavons is as follows

An example timetable is shown below:-

	Monday	Tuesday	Wednesday	Thursday	Friday
AM	Administration	Theatre	Fracture Clinic	Research	Alternate weeks Theatre/Clinic
Lunchtime		Departmental Teaching	Upper Limb MDT		
PM	OPD clinic Hartlepool / Regional Teaching	Theatre (Extended list 8-630pm)	Upper limb clinic (1 stop MDT)	Administration	Teaching / Clinical Governance

In addition a 3rd Upper Limb consultant will be commencing in Summer 2016, they will have theatre all day Thursday and extra clinics (TBC) which the trainee is free to attend.

Trauma

All consultants contribute to the Trauma with a Trauma Coordinator and Trauma Surgical Nurse Practitioners to support the service.

Trauma is concentrated on the North Tees site with 14 trauma lists each week and dedicated trauma weeks for consultants which are shared with their middle grades.

There are trauma meetings held daily at 08.00am and a weekly workshop on a Wednesday lunchtime.

The department is a recognised AO training site and works closely with an Orthogeriatrics team.

Audit, Research & Development

There will be an opportunity for trainee to further their clinical skills in practical delivery of ultrasound techniques as part of the planned training programme.

Active participation in Upper Limb research is encouraged with a view to present and/or produces publications in the relevant journals and meetings.

The department has a strong track record of involvement in National Trials with past participation in ProFER, DRAFFT, FAITH, ISOS; and current participation in UK FROST, HEALTH and regional trials organised by CORNET.

Study and research sessions will include responsibility for continuing professional development and appointees will be required to keep a portfolio including operative logbook and performance review.

Clinical governance is a major part of our daily practice. The post holder will be expected to become involved in the collection and presentation of audit and outcome data.

Teaching

There is an excellent teaching programme within the department with morning x-ray meetings 7 days a week, Tuesday lunchtime teaching, Wednesday lunchtime teaching/ upper limb MDT and Friday afternoon teaching.

Consultants:

Mr A Middleton	Upper Limb Surgery (special Interest in hands)
Mr N Bayliss	Upper Limb Surgery (elective only)
Mr R Nanda	Upper Limb Surgery
Mr R Jeavons	Upper Limb Surgery
Mr M Magnusson	Upper Limb Surgery (special Interest in hands)
Mr L Ajekibe	Upper Limb Surgery (special Interest in hands)
New consultant	Upper Limb Surgery