

T&O Training Post Summary

Trust

North Tees and Hartlepool NHS Trust

Trainer name(s)

Sanjeev Anand

Job Summary

This post offers training from a trainer with a special interest in soft tissue knee surgery. The post offers good experience in arthroscopic knee surgery for junior trainees. Senior trainees would benefit from exposure to a large number of ACL reconstructions, meniscal repairs and complex ligament reconstructions. There is a weekly acute knee injury clinic, where trainees can learn to assess and manage such injuries. There is a limited exposure to knee arthroplasty. Hip arthroscopic surgery is increasingly becoming a large component of this job and trainees would get a chance to see a variety of impingement surgery, labral repairs etc. Orthopaedic trauma is managed according to a 1:6 week-on-call trauma rota. Both in elective and trauma surgery, trainees are encouraged to develop independent skills under close supervision.

Mr Anand is Arthroscopic knee surgery trainer for Royal College of Surgeons and regularly teaches at various meetings and courses.

There is a weekly Tuesday lunch time teaching; Wednesday lunch time trauma teaching and Friday afternoon teaching (workshops/journal clubs). The trainee will be expected to contribute to the department's monthly audit & governance meetings and will have the opportunity to become involved with departmental research.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Theatre	Elective Clinic		Admin	Theatre
pm	Regional teaching	# clinic; Acute knee injury clinic		Elective	Local teaching