

T&O Training Post Summary

Trust

North Tees & Hartlepool NHS Foundation Trust

Trainer name(s)

Mr Alan Middleton
Mr Rajesh Nanda

Job Summary

This post will provide the trainee with a good grounding in Upper Limb Surgery with particular emphasis on Hand and Wrist. Both trainers will provide ample clinical & operating opportunities with a strong emphasis on teaching. Our teaching and training extends beyond the Trust and is reflected in our passion for it. Trainees will have gained the knowledge required to pass the Hand & Wrist section in the FRCS exam as well as General Orthopaedic & Trauma training. (Ideal for anyone nearing the Clinical Exam). The unit has one of the highest Fracture to trainee ratios in the region and the trainee will spend one week out of every six doing protected trauma with their trainer. The spectrum of work includes basic and complex Hand and Wrist Surgery including complex trauma, as well as Shoulder and Elbow surgery and in particular Arthroscopic procedures. Depending on trainee preference, there is flexibility in this. Both Trainers provide opportunities for research and audit, and are involved in local and regional research committees and have been Principle Investigators on portfolio registered multicentre trials. The trainee will be expected to be the lead for the weekly teaching sessions which will include journal club. There is also a departmental expectation that audits will be presented at Clinical Governance meetings. There are weekly consultant led teaching sessions on Tues and Wednesdays.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	1:2 Theatre RN	Theatre RN	Theatre AM	#clinic RN	1:2 Theatre AM
pm	Regional teaching	Research	Theatre AM	Clinic AM	Dept Teaching