

T&O Training Post Summary

Trust

NUTH - Freeman

Trainer name(s)

P R Stuart

Job Summary

This post encompasses all aspects of evidence based elective upper limb surgery with particular emphasis on wrist, rheumatoid and Dupuytren's in hands and cuff / arthroplasty in shoulder and elbow. Carpal trauma, both elective and reconstructive, also forms a major part of the work. There is a strong team structure with a very close working relationship with specialist hand and shoulder therapists allowing the development of a deep understanding of advanced rehab techniques. An AHP fellow, who may be from a plastics or orthopaedic background, completes the team and thus the educational opportunities for post-fellowship registrars to join in the formal educational aspects of the hand diploma arises. Pre-fellowship registrars benefit from my experience as an examiner in the FRCS (Orth) examination. Research and audit opportunities are available for interested candidates.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
AM	Plastics	Wrist clinic	Hand clinic	Plastics	FRH List trauma/ FRH List (alt) Dupuytren's
PM	Teaching	--	--	Shoulder/ Elbow clinic	FRH List