

## T&O Training Post Summary

### Trust

County Durham & Darlington

### Trainer name(s)

Mr Rob Gregory  
Mr Andrew Jennings

### Job Summary

This post offers training from two experienced trainers with a special interest in all aspects of knee surgery. The post is more suitable for the senior trainee but the training opportunities can be tailored to the needs of the individual trainee to provide an emphasis on either arthroplasty surgery or soft-tissue knee surgery. The trainee should gain sufficient exposure to undertake arthroplasty to level 3, should be able to undertake ACL reconstruction with the assistance of the trainer, will gain experience in the management of the multi-ligament injured knee and the different methods of management of the knee with single compartment degenerative disease.

Orthopaedic trauma is managed according to a trauma week system and the trainee will have the opportunity to develop his or her trauma management skills over five or six trauma weeks.

Mr Jennings is a previous Trainer of the Year and teaches regularly on AO trauma courses. Mr Gregory is Chair of the T&O STC and is a contributor to a wide range of educational meetings and courses.

There is a monthly journal club and two weekly x-ray meetings. The trainee will be expected to contribute to the department's bi-monthly audit & governance meetings and will have the opportunity to become involved with departmental research.

### Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
<b>am</b>	Review clinic (RG) (UHND)	Theatre UHND (RG/AJ alt)	Free	Theatre (AJ) (BAH/UHND alt)	Fracture clinic (AJ)
<b>pm</b>	Regional teaching	Theatre (RG) (UHND)	New patient clinic (RG/AJ alt)	Theatre (AJ) (BAH/UHND alt)	Theatre (RG) (UHND)