

## T&O Training Post Summary

### Trust

County Durham & Darlington

### Trainer name(s)

Mr Rob Gregory

### Job Summary

This post offers training from an experienced trainer with a special interest in all aspects of knee surgery. The post is more suitable for the senior trainee but the training opportunities can be tailored to the needs of the individual trainee to provide an emphasis on either arthroplasty surgery or soft-tissue knee surgery. The trainee should gain sufficient exposure to undertake arthroplasty to level 4, should be able to undertake ACL reconstruction with the assistance of the trainer, will gain experience in the management of the multi-ligament injured knee and will be exposed to the different methods of management of the knee with single compartment degenerative disease. The new patient clinics are run with sufficient time to allow case discussion to CBD level every week. Orthopaedic trauma is managed according to a trauma week system and the trainee will have the opportunity to develop his or her trauma management skills over three full trauma weeks. Mr Gregory is Chair of the Northern T&O STC, is a member of the SAC for T&O and is a contributor to a wide range of educational meetings and courses and is currently Northern Region Orthopaedic Trainer of the Year. The post offers a monthly journal club and two weekly x-ray meetings. The trainee will be expected to contribute to the department's bi-monthly audit & governance meetings and will have the opportunity to become involved with departmental research.

### Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Review clinic (UHND) Then X-R meeting	Theatre (Alt UHND & BAH)	Fracture clinic (UHND)	Free	Trauma list, (UHND) Then X-R meeting
pm	Regional teaching	Theatre (Alt UHND & BAH)	New patient clinic (Alt UHND & C-le-S)	Ward round (UHND)	Theatre (UHND)