

## T&O Training Post Summary

### Trust

County Durham and Darlington NHS Foundation Trust

### Trainer name(s)

Graham Chuter

### Job Summary

This post is exclusively a foot and ankle elective practice with busy general trauma (1:9). It is based at Darlington Memorial and Bishop Auckland General Hospitals. It can be suited to enthusiastic trainees of any level, but may be more suitable for junior trainees wanting a broad overview and a rewarding learning experience.

The post provides a comprehensive overview of all common foot and ankle conditions in the adult population, including complex F&A trauma referrals. We provide interactive trauma meetings and weekly x-ray meetings. You will gain excellent trauma exposure with time for audit /research / exams.

Logbook numbers for 6 months (based on average over past 3 yrs): approx 265.  
Trauma (~70 cases): NOFs: 15; Ankles: 10; Wrists: 7; Nailings: 5.

Elective (~195 cases): Hallux valgus: 22; Toe correction: 28; 1<sup>st</sup> MTPJ procedures: 10; Hind/mid foot fusion: 10; Ankle scope: 15; Lat ligament recon: 7.

Other procedures include ankle replacement, endoscopic plantar fascia release, 1<sup>st</sup> MTPJ resurfacing, pes planus/cavus correction, hindfoot deformity.

Usually we see 12 new elective patients per week and about 30 follow-ups.

We have numerous ongoing audit projects within the department and are participating in multicentre research trials. We are a motivated, cohesive and enthusiastic unit with many younger, fellowship-trained consultants. Darlington has had excellent trainee reports over recent years and we would welcome the opportunity to increase our trainee numbers.

### Weekly timetable

|           | <b>Mon</b>                   | <b>Tues</b>         | <b>Wed</b>          | <b>Thurs</b> | <b>Fri</b> |
|-----------|------------------------------|---------------------|---------------------|--------------|------------|
| <b>AM</b> |                              | Admin /<br>Research | Admin /<br>Research | Theatre      | Theatre    |
| <b>PM</b> | <i>Regional<br/>teaching</i> | DMH clinic          | BAGH clinic         | Theatre      | # clinic   |