

## T&O Training Post Summary

### Trust

North Cumbria NHS Trust

### Trainer name(s)

Mr Matthew Dawson

### Job Summary

This is a young adult knee job focussing on soft tissue knee surgery and osteotomy surgery around the knee. Mr Dawson is a senior consultant who has a wealth of experience in knee surgery, he leads one of the three main centres in the UK performing high volume knee osteotomy surgery. During the 6 month attachment you will learn the detailed indications and considerations for osteotomy surgery and perform significant numbers of high tibial and distal femoral osteotomies under supervision. His practice also involves a lot of arthroscopic work including meniscal repair and microfracture which you will be trained to master. He also commonly sees patella alignment and recurrent dislocation problems and performs a variety of procedures for these patients including tibial tuberosity transfers and MPFL reconstructions. He is also a high volume ACL surgeon and revision surgeon using a variety of techniques. Mr Dawson is a very engaged trainer and will ensure that both your knowledge and operative skills will improve exponentially during the attachment. He is a regular contributor to a wide range of educational meetings and courses.

The hospital uses a 24 hour oncall system with time off the subsequent day. Registrar trauma operating averages out at 1 session per week. During the 6 month attachment you will be actively encouraged to participate in local audit and research projects. Mr Dawson has a large database of patient outcomes and radiographic data particularly for osteotomy patients, which is a goldmine for those that have an interest in publishing.

### Weekly timetable

Week	Mon	Tues	Wed	Thurs	Fri
1	Free Regional teaching	Clinic (CIC) Clinic (CIC)	Theatre (WCH) Theatre (WCH)	Oncall Oncall	Trama list (CIC) Trauma List (CIC)
2	Clinic (CIC) Regional teaching	Theatre (CIC) Theatre (CIC)	Free Free	Free Free	Free Free

