

T&O Training Post Summary

Trust

North Cumbria

Trainer name(s)

Mr Sankar/Mr Petheram

Job Summary

Busy trauma exposure – we are now managing 500+ Neck of femur fractures per year, as well as a volume of more complex and higher energy trauma given our more remote geographical location. This is likely to include good numbers of intramedullary nailings (trauma variation allowing). There will be good exposure to trauma operating. Currently 1:12 trauma fortnight.

Elective – the trainee will experience Primary hip and knee arthroplasty, with progress to completion of procedures to level 3, based on level of experience. Exact numbers will hopefully be in the order of 20 primaries. Cemented hip replacement is with the Exeter system, and knee replacement will be using the Nexgen system.

We also see a high number of peri-prosthetic fractures of the hip and knee which the trainee will be involved with, and there will also be experience in elective revision hip and knee surgery.

We have planned the post to include working with multiple members of the arthroplasty team to ensure a good volume and breadth of elective experience is achieved. With some flexibility there is plenty of potential for trainees to gain good experience and meet a range of objectives, this being the sole deanery trainee among the middle grades working under three arthroplasty consultants. Numbers could be enhanced by taking all available opportunities.

There is a monthly journal club programme, monthly Arthroplasty MDT clinic, and weekly cross trust web based revision arthroplasty meeting which the trainee will be encouraged to participate in.

Biju Sankar: A recent graduate of the northern deanery, with fellowship experience in Glasgow and Newcastle. (Primary and revision). **Tim Petheram:** Another recent Northern Deanery graduate, fellowships completed in the Exeter hip unit and Middlesbrough. (Primary and revision).

Mike Orr: Our senior arthroplasty surgeon, with many years of experience. This list will expose the trainee to revision work especially.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	BS/TP Theatre(Alt)	BS clinic	MO TH (alt)	BS/MO TH(alt)	TP TH/BS Clinic(alt)
pm	Regional teaching	BS clinic	MO TH (alt)	BS/MO TH (alt)	TP TH/BS Clinic(alt)