

T&O Training Post Summary

Trust

North Cumbria University Hospitals NHS Trust

Trainer name(s)

Mr David Mackay

Job Summary

This post offers training in Specialist Upper Limb & Hand Surgery and Trauma, and is suitable for all levels of trainee.

Elective Upper Limb Surgery opportunities with Mr Mackay include a wide range of soft-tissue open shoulder procedures and arthroplasty, with some exposure to shoulder arthroscopy; soft tissue elbow procedures; and hand surgery including management of a large population with Dupuytren's disease. The trainee should gain sufficient exposure to undertake rotator cuff repair and sub-acromial decompression to level 3 and will undertake shoulder stabilisation and arthroplasty with the assistance of the trainer. Trainees will gain experience in the management of a wide spectrum of elbow and hand pathology.

Trauma experience is principally provided during oncall weeks. All day trauma lists seven days a week. Includes all general trauma cases. Specialist trauma includes complex upper limb fractures and soft tissue hand injuries.

There are daily x-ray meetings with a focus on teaching, as well as weekly departmental educational meetings, and a regular journal club.

The department has monthly audit and M&M meetings, which all trainees contribute to, and encourages research involvement.

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Fracture clinic	Fracture clinic		Theatre	
pm	Regional teaching	Ortho clinic		Theatre	