

T&O Training Post Summary

Trust

North Cumbria University Hospitals NHS Trust

Trainer name(s)

Miss Claire Young

Job Summary

This post offers training in primary lower limb arthroplasty and general trauma and is suitable for all levels of trainee.

The trainee should gain exposure to primary cemented and uncemented hip arthroplasty and cemented knee arthroplasty and should gain experience to undertake arthroplasty to level 3.

In Cumbria there is a trauma week system with two weeks in 11 dedicated to trauma in the Consultant's timetable. This gives the trainee the opportunity to develop their skills in all aspects of trauma management. Cumbria has a unique position due to its relative isolation from an MTC which means that it deals with some multiply injured patients that often aren't admitted to district general hospitals. There is a daily trauma meeting with a high focus on teaching. Miss Young is the STC rep for Cumbria.

There are weekly departmental educational meetings. Trainees are encouraged to actively participate in the monthly M&M meetings and regular audit meetings. There is a regular journal club that is trainee lead.

The department has CT2 and FY doctors with an ample opportunity for trainees to teach and train more junior members of staff.

The registrar on call in 1:10 (non resident).

Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Clinic (Alt weeks)	Theatre		Theatre (WCH)/ Clinic (Alt weeks)	clinic (WCH) (alt weeks)
pm	Regional teaching	Theatre		Theatre(WCH)/ Clinic (Alt weeks)	clinic (WCH) (alt weeks)