

## T&O Training Post Summary

### Trust

North Cumbria University Hospital NHS Trust

### Trainer name(s)

Raj Dharmarajan

### Job Summary

This post would offer a comprehensive experience in all aspects of knee surgery including arthroscopy, ACL reconstruction, Knee osteotomy, Unicdylar and total replacement and revision knee arthroplasty. During this post the trainee would gain level 3 experience in arthroscopy and TKR's. Depending on the level of training the trainee might be able to achieve the level 3 experience with ACL and first stage revision knee or more. The trainer also offers training in primary hip replacement.

Trainee would gain experience in managing knee joint infection and also would benefit from attending revision MDT which takes place once a month. Trainer is keen on audit and research. The trainee would be offered a minimum of one audit and also a research project to start or continue from before or complete.

Trainee would gain additional experience by attending every day teaching at morning trauma meetings and also from monthly audit meetings and journal clubs.

The department manages trauma by running a trauma week system. The trainee can gain wide range of experience in managing simple trauma to complex peri-articular knee injuries and peri-prosthetic fractures.

### Weekly timetable

	Mon	Tues	Wed	Thurs	Fri
am	Clinic	CIC list	WCH clinic SPA	SPA SPA	SPA WCH list
pm	Regional teaching	CIC list	WCH clinic SPA	SPA SPA	SPA WCH list