



Unicondylar Knee Replacement vs HTO

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Uni vs HTO

The problem!

- Young males (?<50)
- Active males
- Indications for uni/HTO



Uni vs HTO

The Problem 2

- 46 year old male
- BMI 32
- 6'4"
- Manual Job
- Bone on Bone on X-ray
- Uncontrolled pain by conservative measures

Uni vs HTO

The problem 3



Uni vs HTO

The solution?

- Uni (Oxford group)
- Opening Wedge HTO (Puddu)
- Closing Wedge HTO (Australia?)
- Microfracture +/- HTO (Steadman)