

City Hospitals Sunderland

NHS Foundation Trust



# Total hip arthroplasty in the complex young adult hip

Stephen M Green FRCS(Tr&Orth)

Consultant Orthopaedic Surgeon

Sunderland Royal Hospital

# Over view

- Planning
- Congenital dysplasia/dislocation
- Old Perthes/SUFE
- Osteotomies

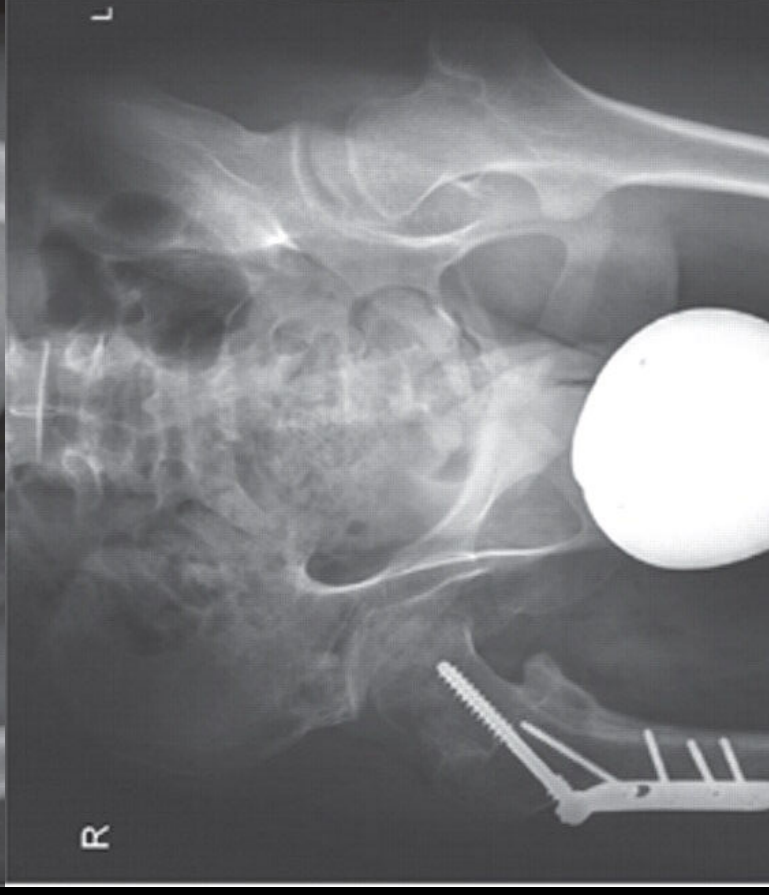
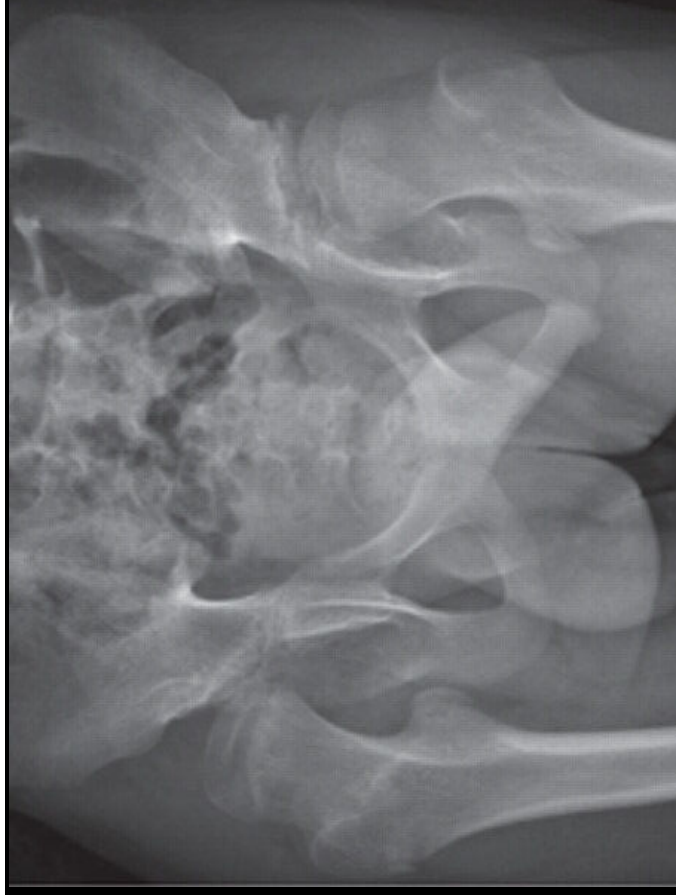
# Planning

- Imaging
  - CT very useful
- Implants
- Technique & approach
- Monitoring



# Planning

- Imaging
- Implants
  - Retained metalwork
  - Small sizes, template
  - Modularity
  - Bearing surface
- Technique & approach
- Monitoring



# Planning

- Imaging
- Implants
  - Retained metalwork
  - Small sizes, template
  - Modularity
  - Bearing surface
- Technique & approach
- Monitoring



# Planning

- Imaging
- Implants
- **Technique & approach**
- Monitoring
- Consider:
  - Previous incisions & approaches
  - Access required-  
extensile approach
  - Need for osteotomies
  - Need for augmentation  
of bone

# Planning

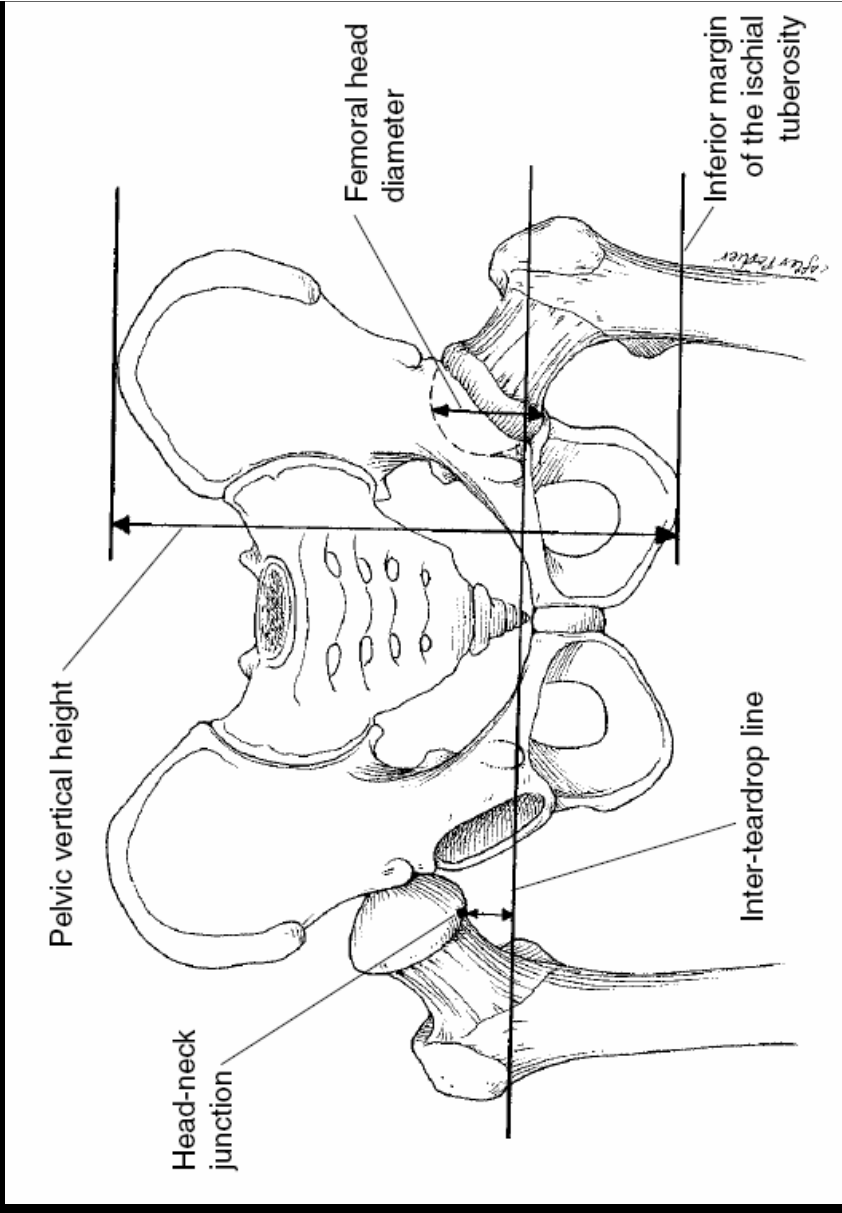
- Imaging
- Implants
- Technique & approach
- Monitoring



# Congenital hip disease

# Hip dysplasia/dislocation- Crowe

- Ratio of proximal migration : height of undeformed head
- 1: <50%
- 2: 50-75%
- 3: 75-100%
- 4: 100%+



# Congenital hip disease- Hartofilakidis

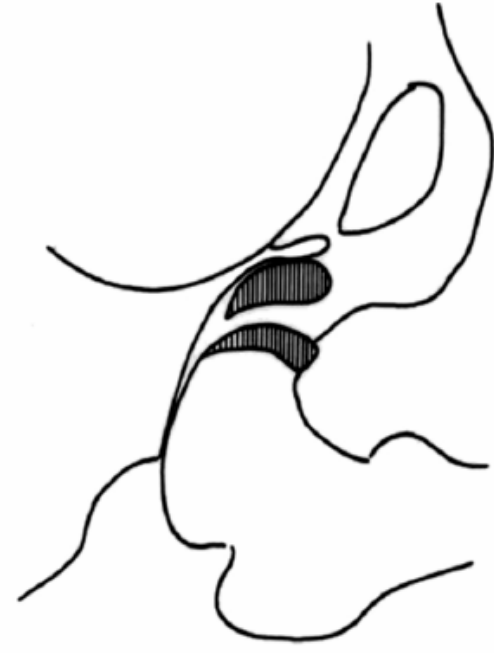


Fig. 1a

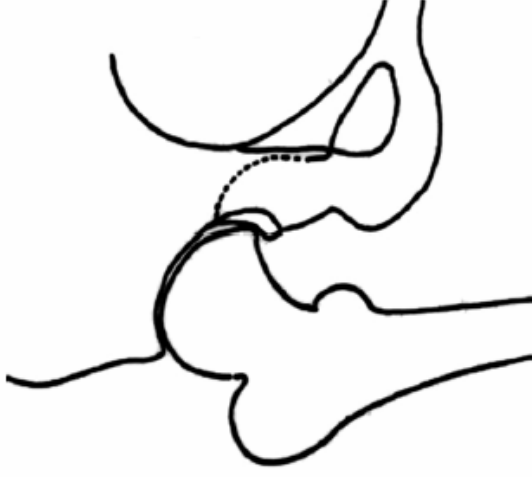


Fig. 1b



Fig. 1c

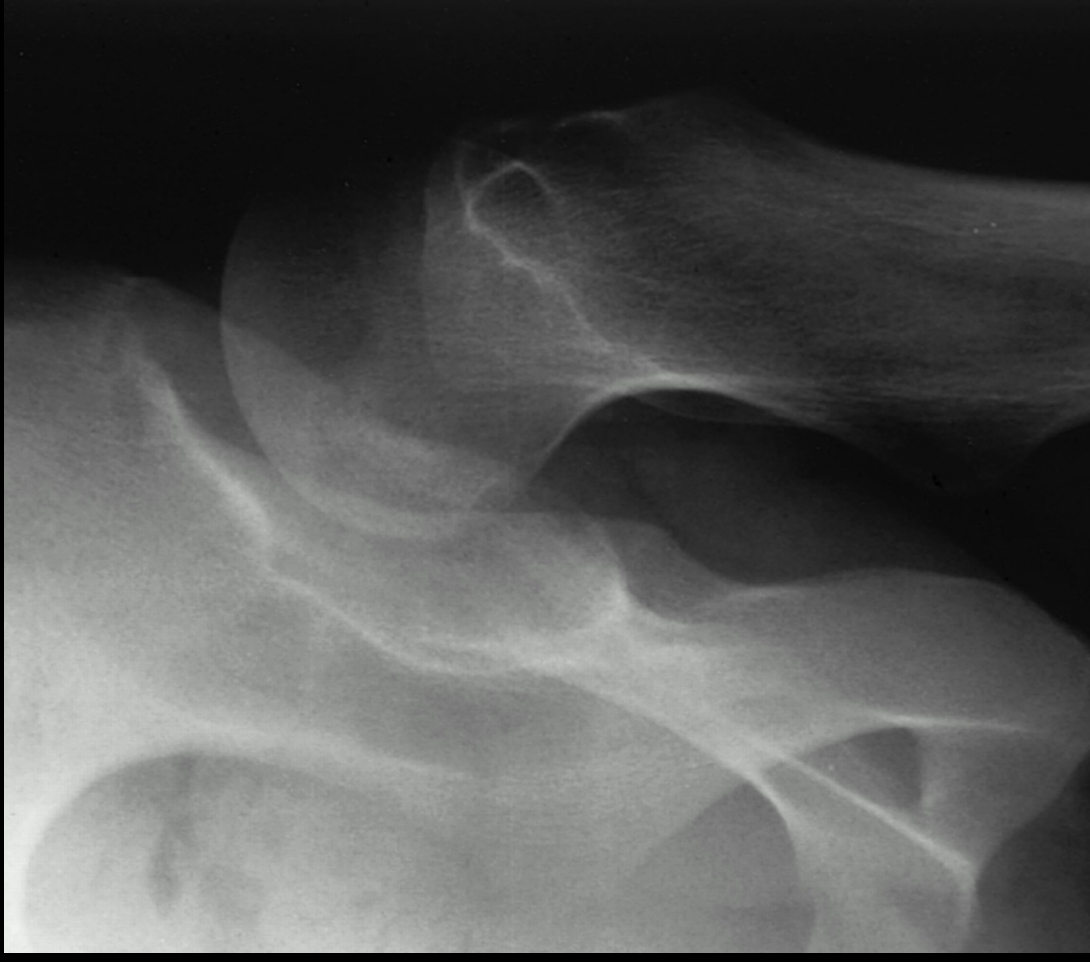
Diagram of the three main types of congenital hip disease in adults showing a) dysplasia, b) low dislocation and c) high dislocation.

# Anatomic variation

- Acetabulum:
- Femur:
- Soft tissues:

# Anatomic variation

- Acetabulum:
  - Superolateral segmental defect
  - Increased anteversion
  - ?anterior wall defect
  - Shallow with medial osteophyte
- Femur:
- Soft tissues:



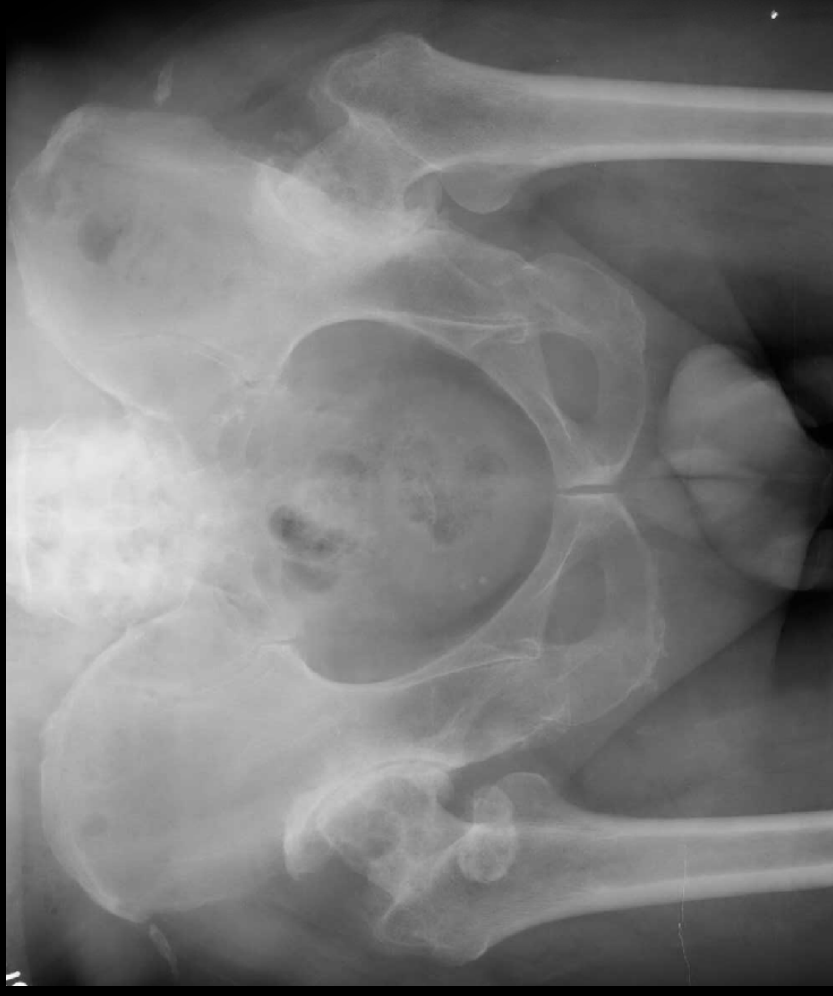
# Anatomic variation

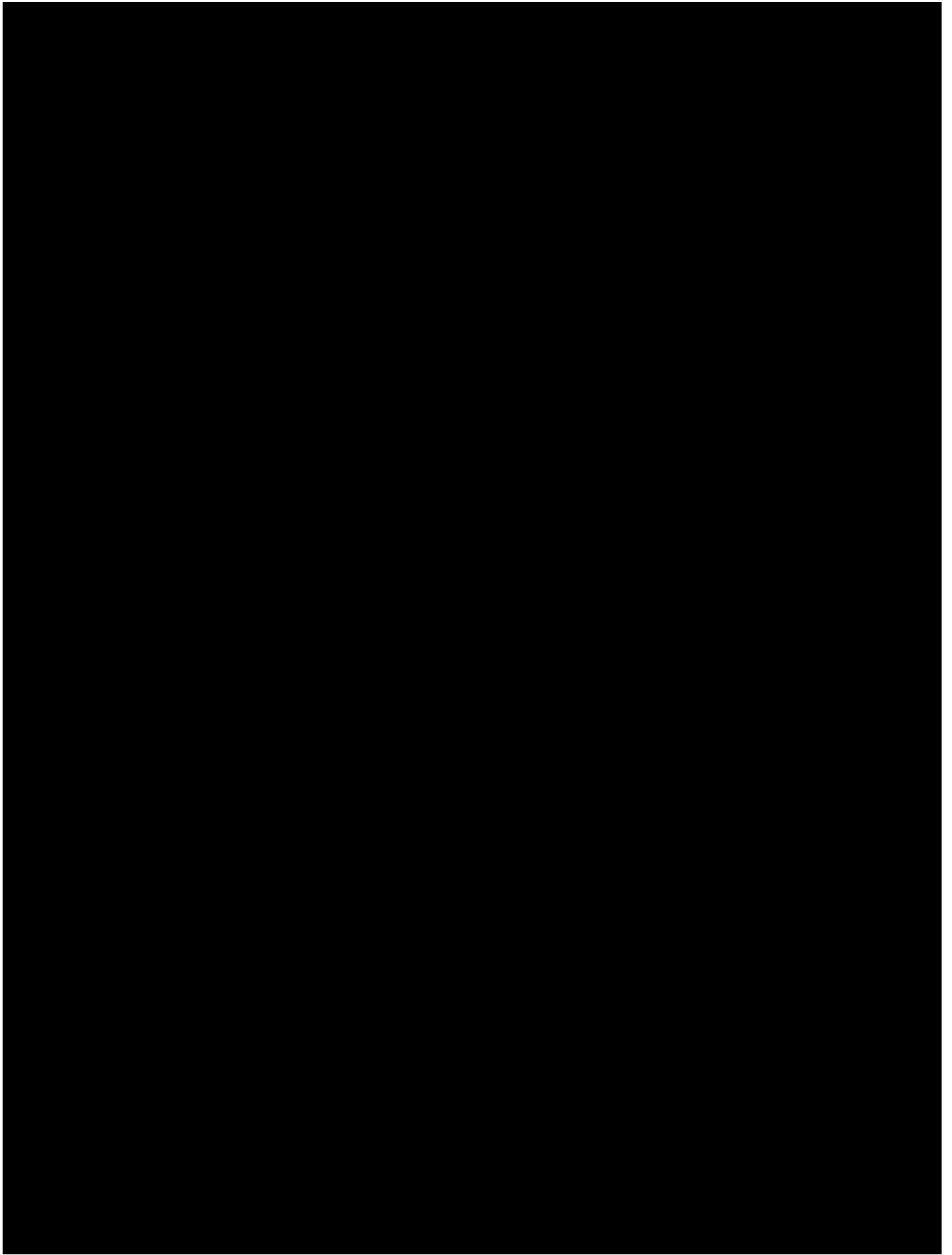
- Acetabulum:
- Femur:
  - Short femoral neck
  - Increased anteversion
  - Hypoplastic, narrow canal and thin cortices
  - ?residual deformity from previous osteotomies
- Soft tissues:



# Anatomic variation

- Acetabulum:
- Femur:
- Soft tissues:
  - Thickened capsule
  - Abductors short, transversely orientated
  - Shortening hamstrings, adductors, rectus femoris
  - Femoral & sciatic nerves shortened





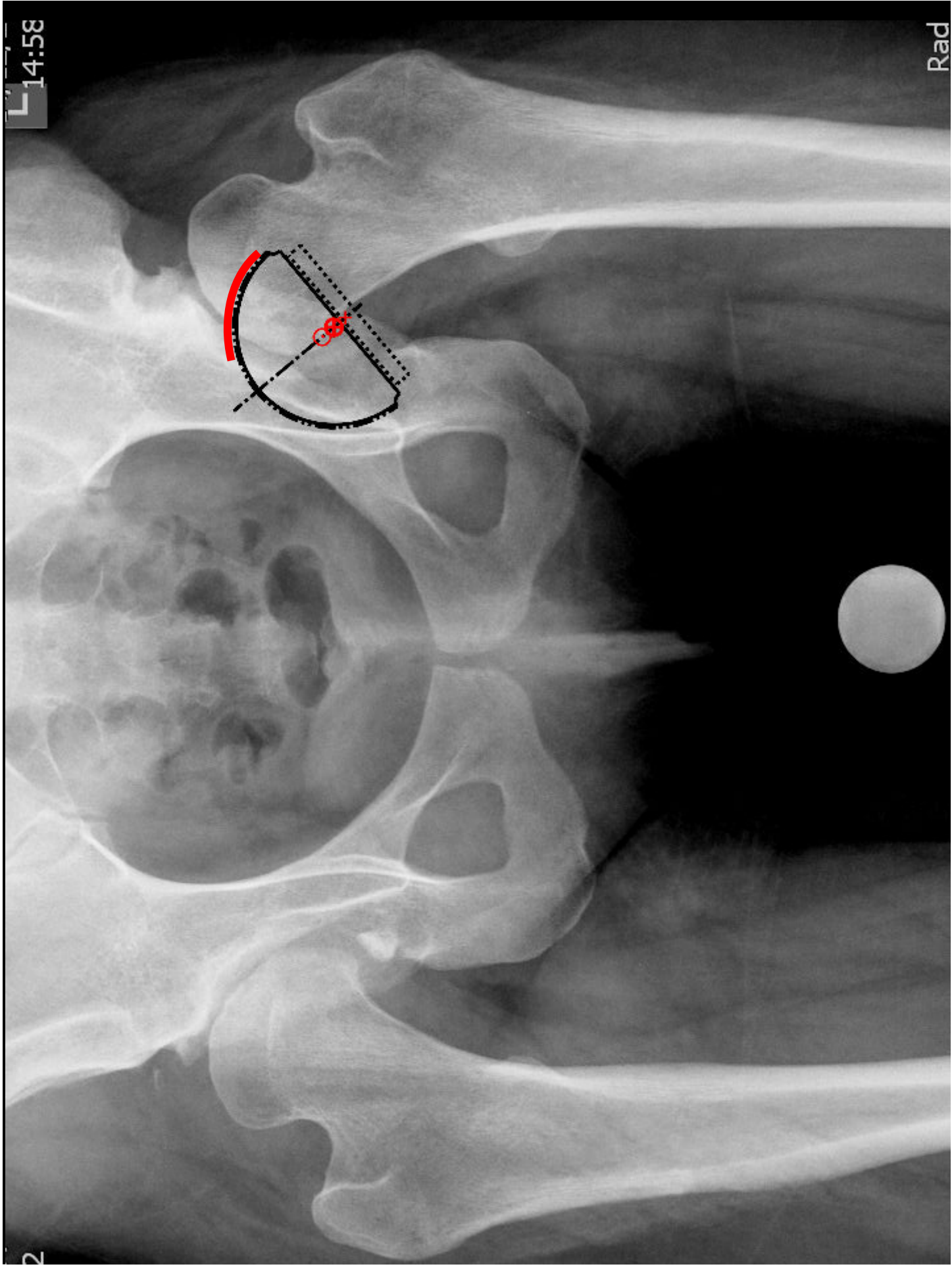
# Low dislocation

- Mainly acetabular problem



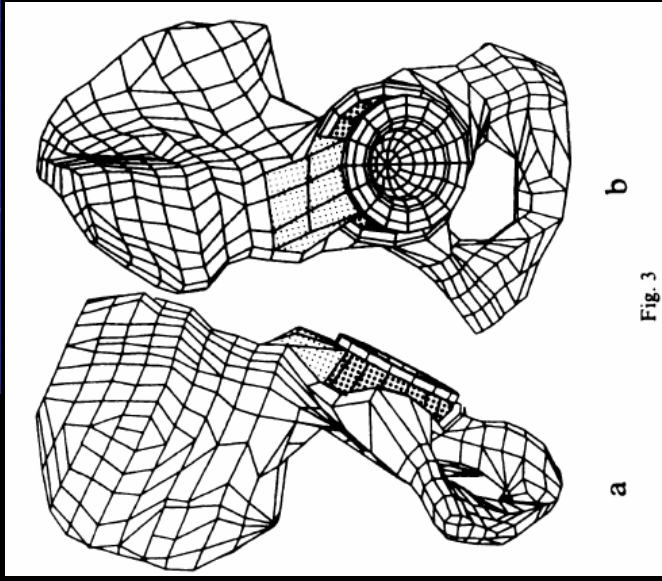
L 14:58

Rad



# Low dislocation

- Mainly acetabular problem
- Uncovered cup
  - Lateral column very important
  - High stress
  - Premature failure
  - 60-70% host bone contact



a

b

Fig. 3

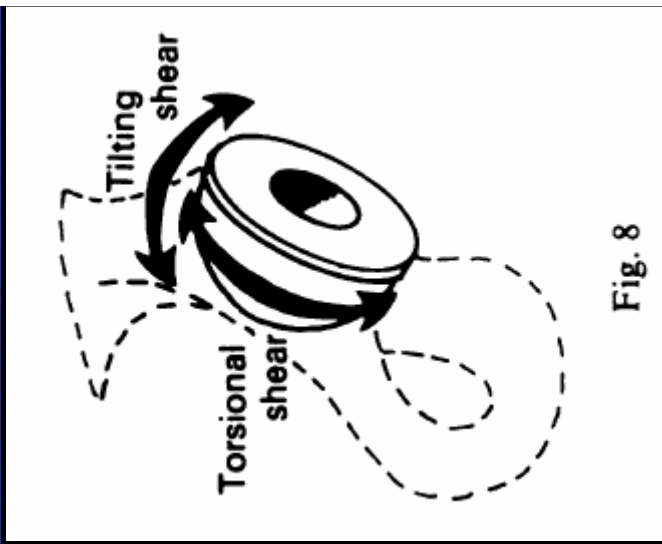
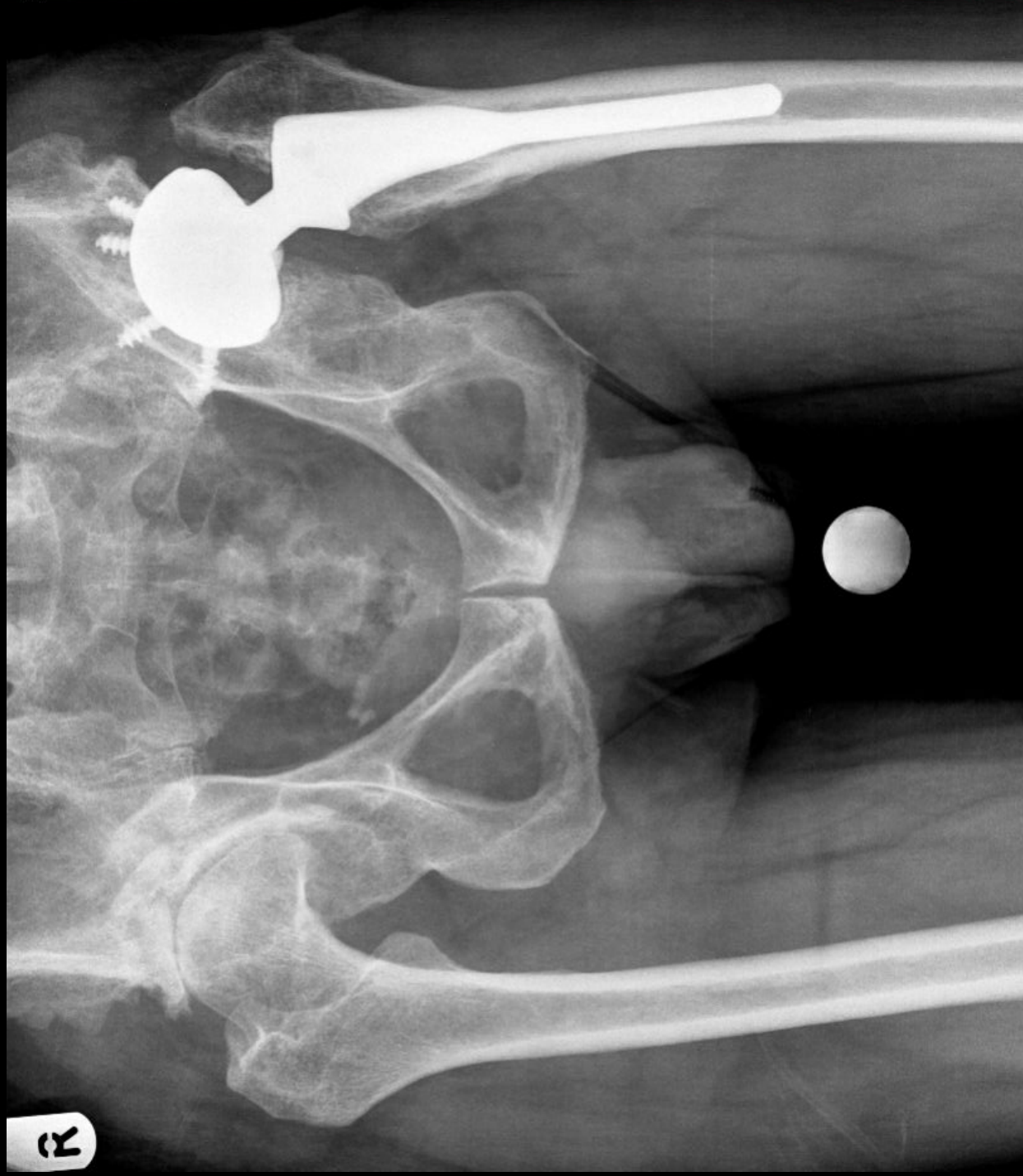


Fig. 8

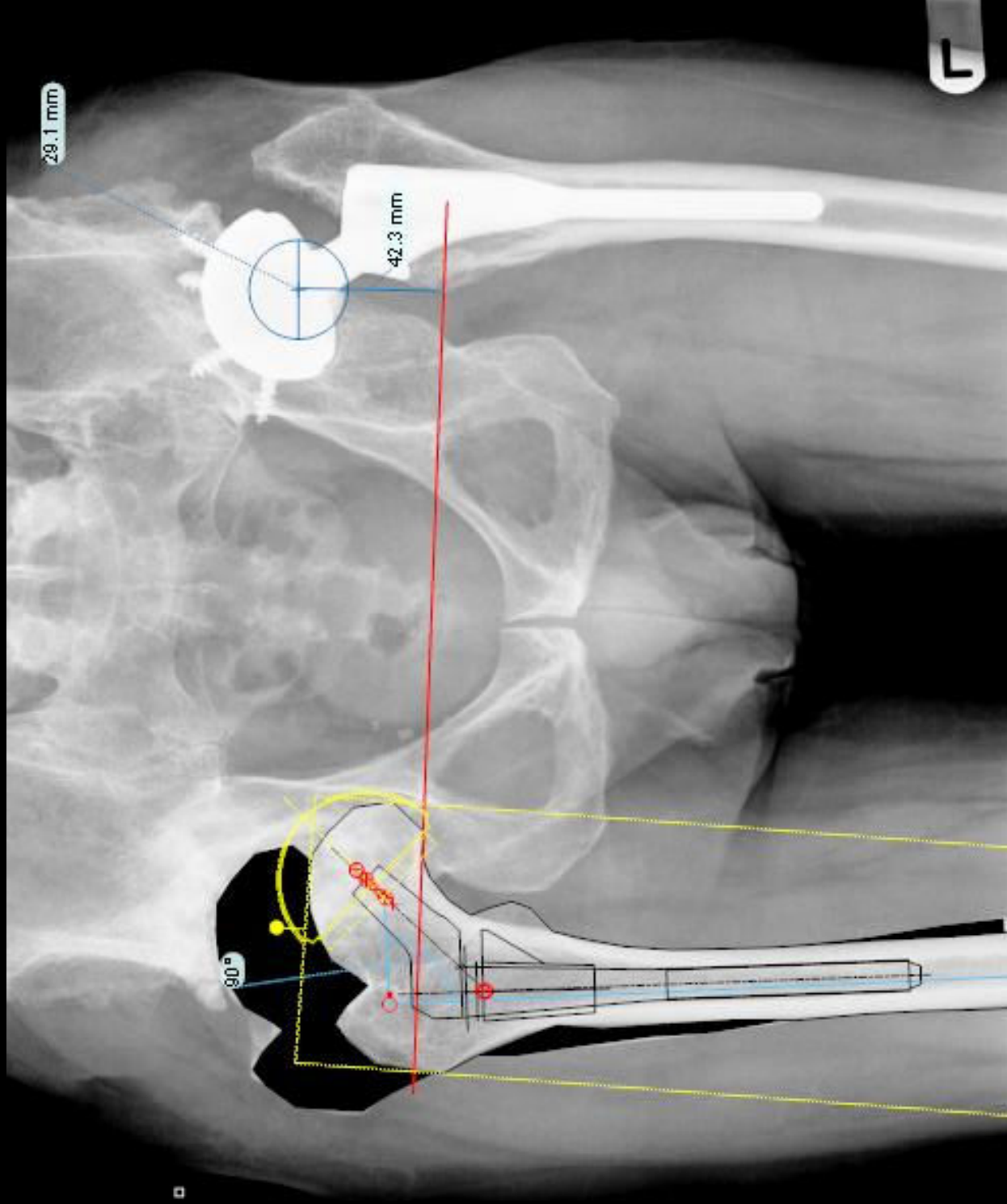
# Low dislocation

- Mainly acetabular problem
- Options:
  - High hip centre
  - Cotyloplasty
  - Medialisation of cup
  - ‘Flying buttress’ graft
  - Sliding iliac graft

High hip centre



# High hip centre



# High hip centre



## Outcome of revision hip arthroplasty in patients with a previous total hip replacement for developmental dysplasia of the hip

The height of the cup was found to have a statistically significant correlation with functional outcome and a high hip centre correlated with a worse outcome score. Patients with a hip centre of less than 3.5 cm above the anatomical level had a statistically better survivorship of the cup than those with centres higher than this. Restoration of the height of the centre of the hip to as near the anatomical position as possible improved functional outcome and survivorship of the cup.

G. Morag,  
P. Zalzal,  
B. Liberman,  
O. Safir,  
M. Flint,  
A. E. Gross

- Leg length correction
- Abductor dysfunction
- Impingement/dislocation
- Increased JRF

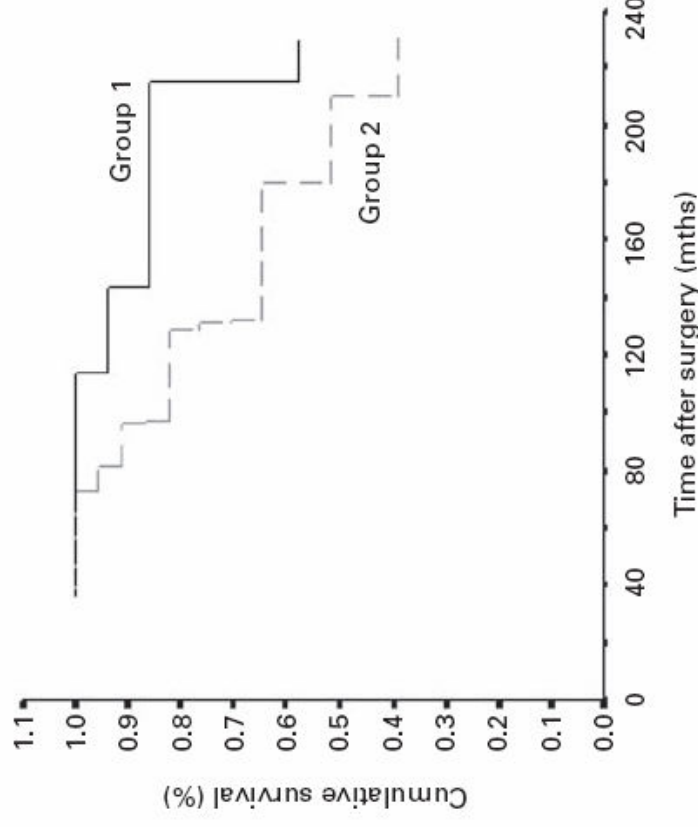
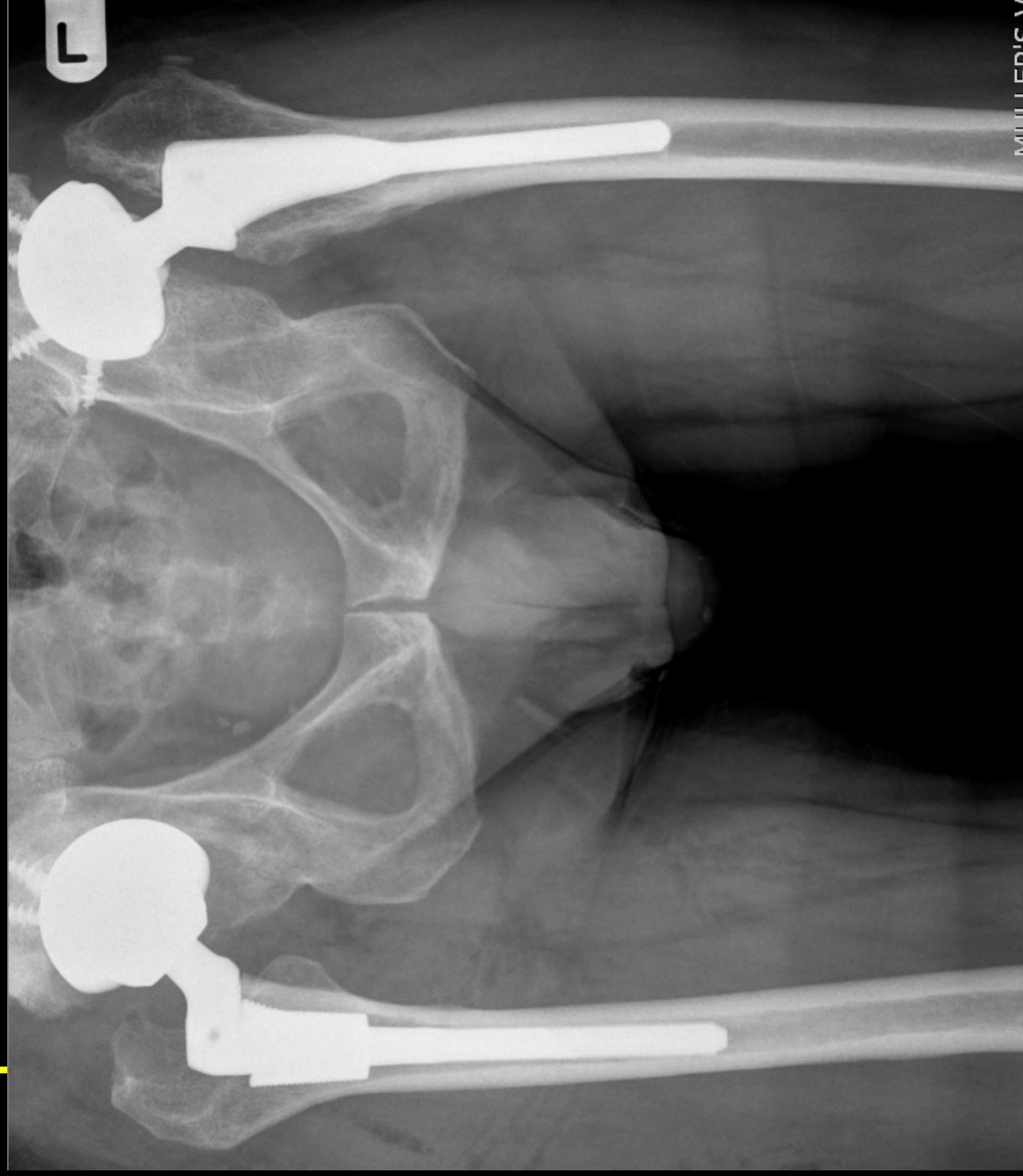


Fig. 2

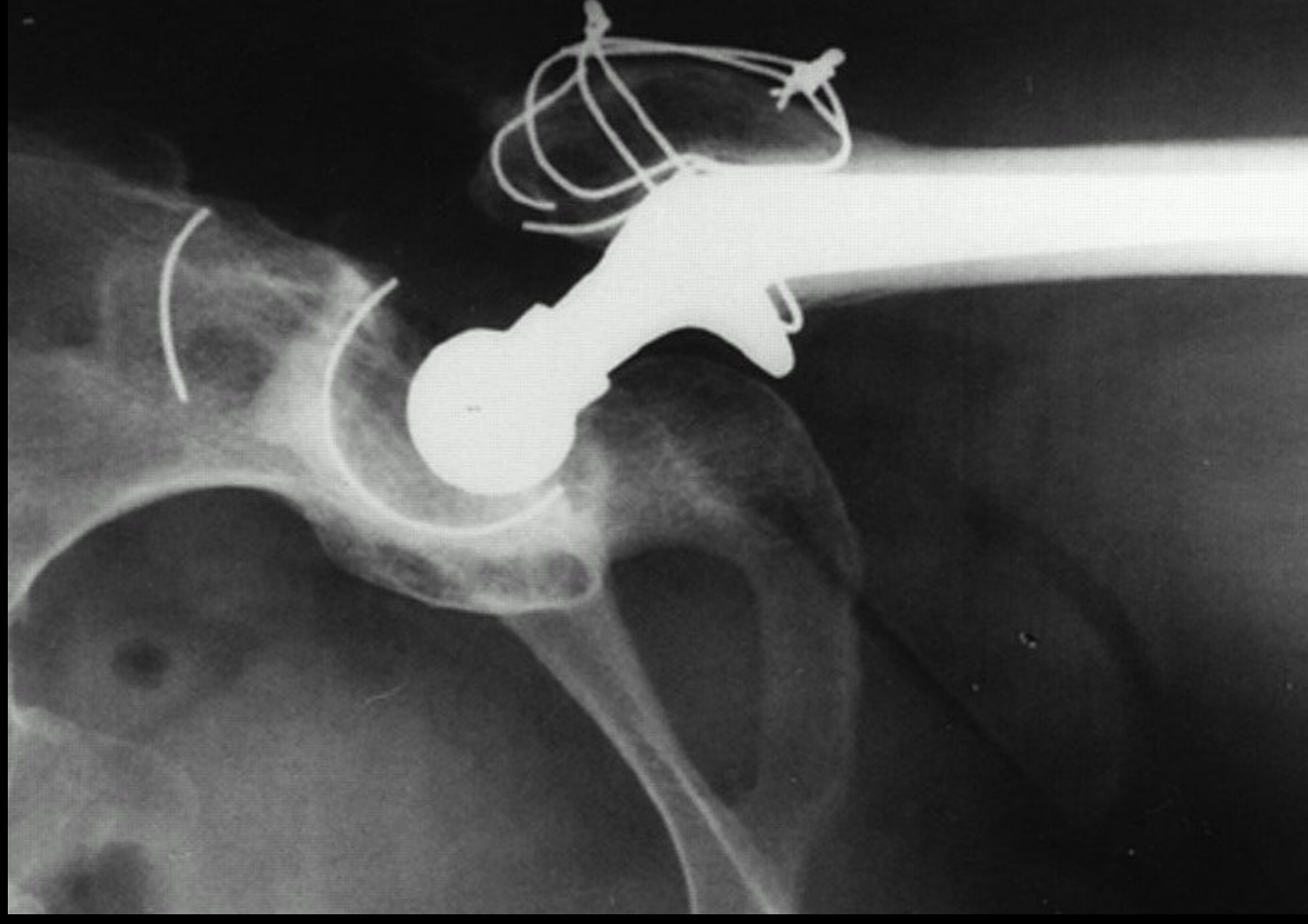
The Kaplan-Meier survivorship curves for both groups.

# High hip centre



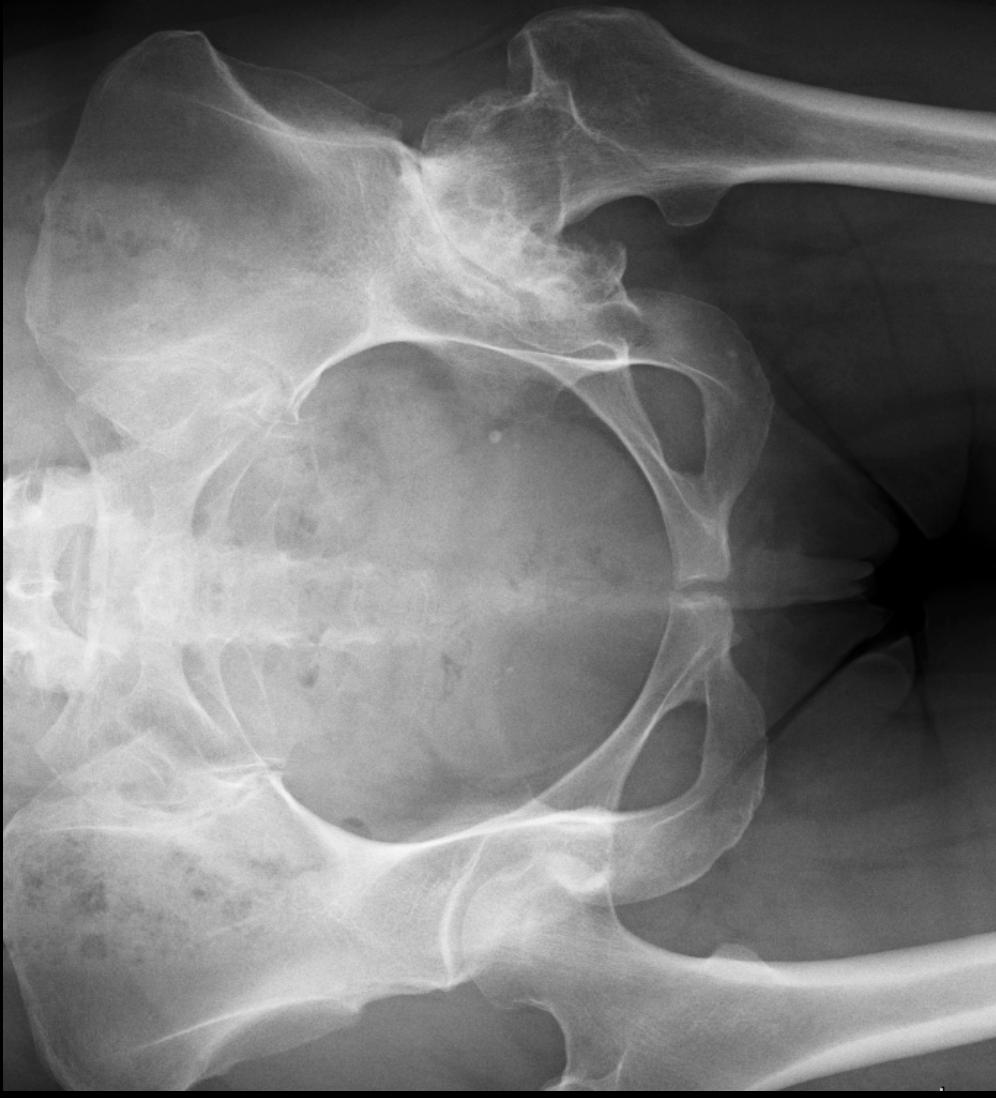
# Low dislocation

- Mainly acetabular problem
- Options:
  - High hip centre
  - **Cotyloplasty**
  - Medialisation of cup
  - ‘Flying buttress’ graft
  - Sliding iliac graft



# Low dislocation

- Mainly acetabular problem
- Options:
  - High hip centre
  - Cotyloplasty
  - **Medialisation of cup**
  - ‘Flying buttress’ graft
  - Sliding iliac graft

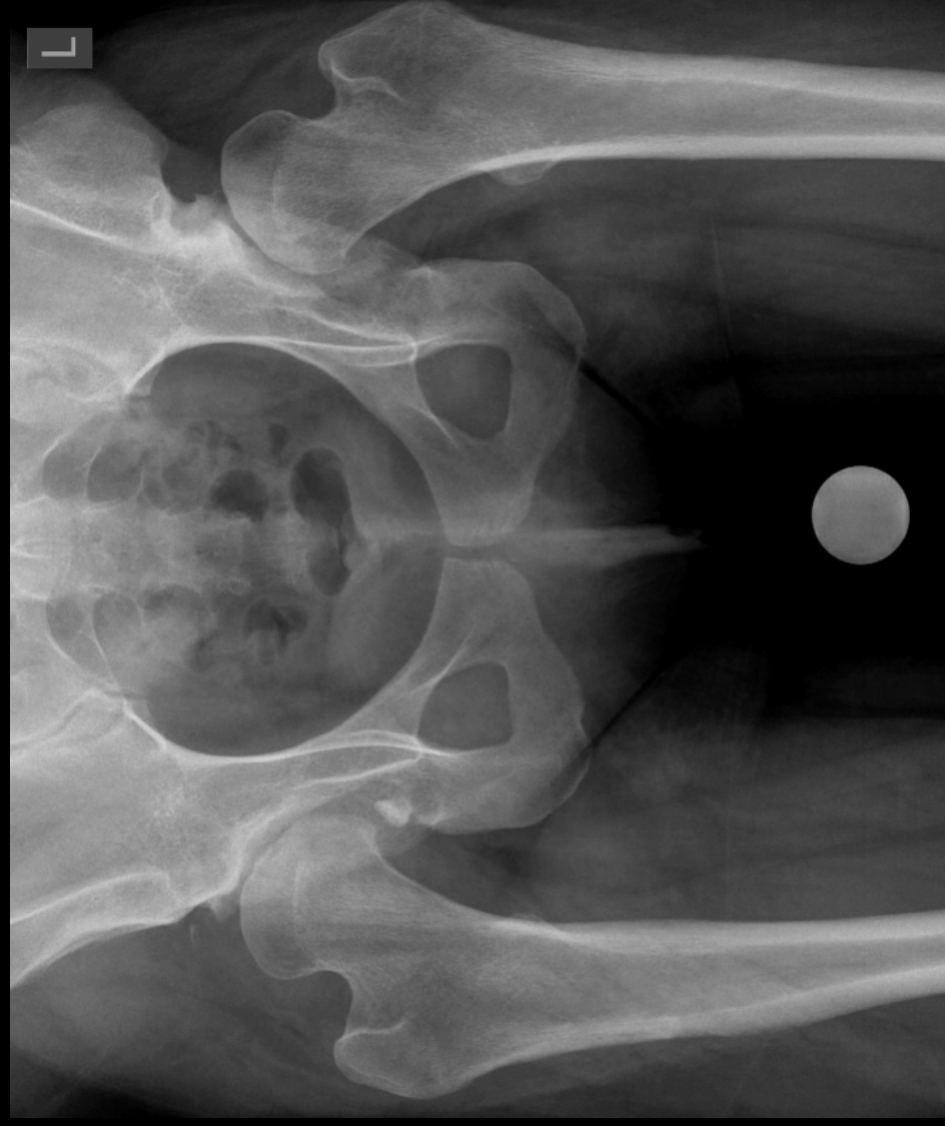


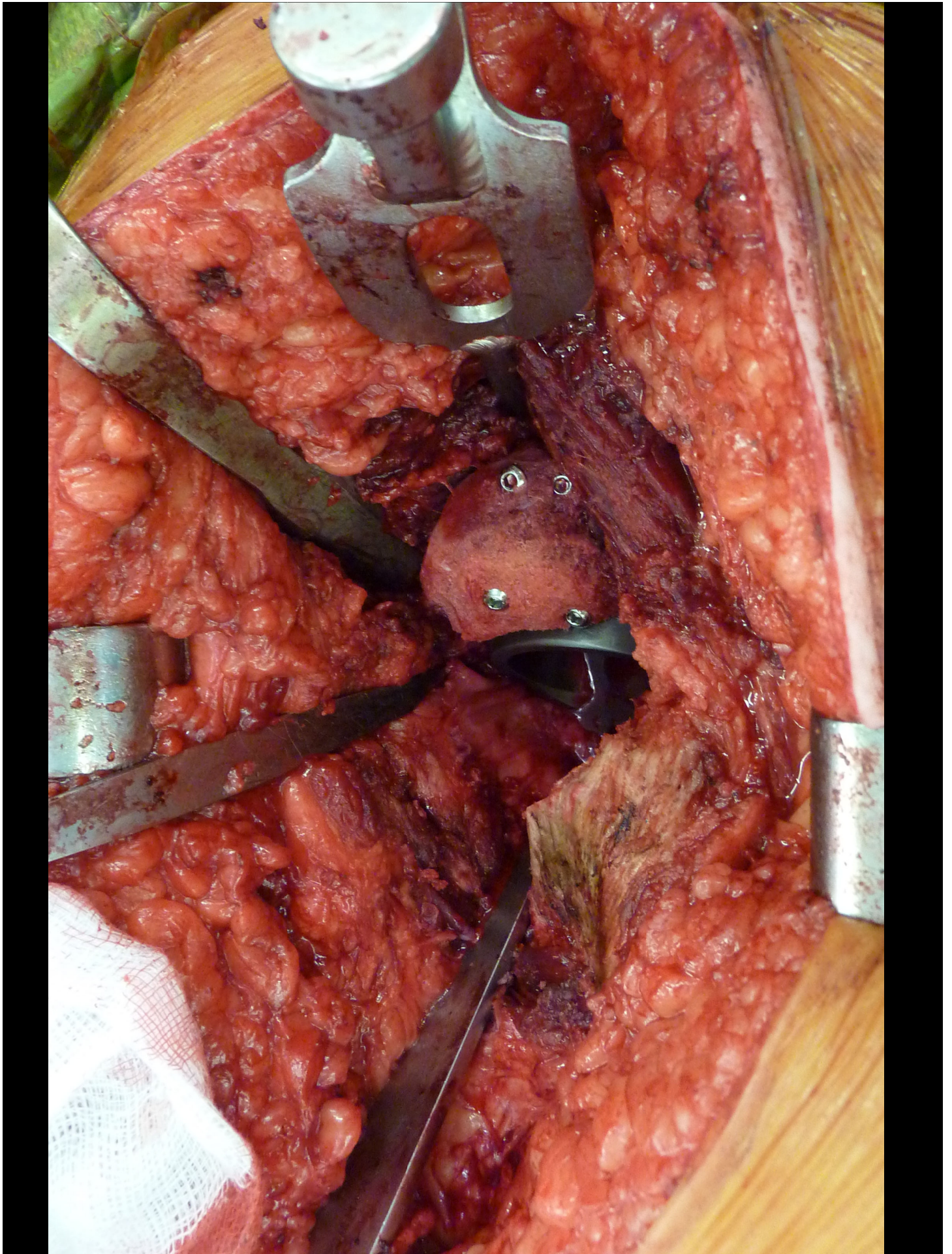
# Medialisation of cup



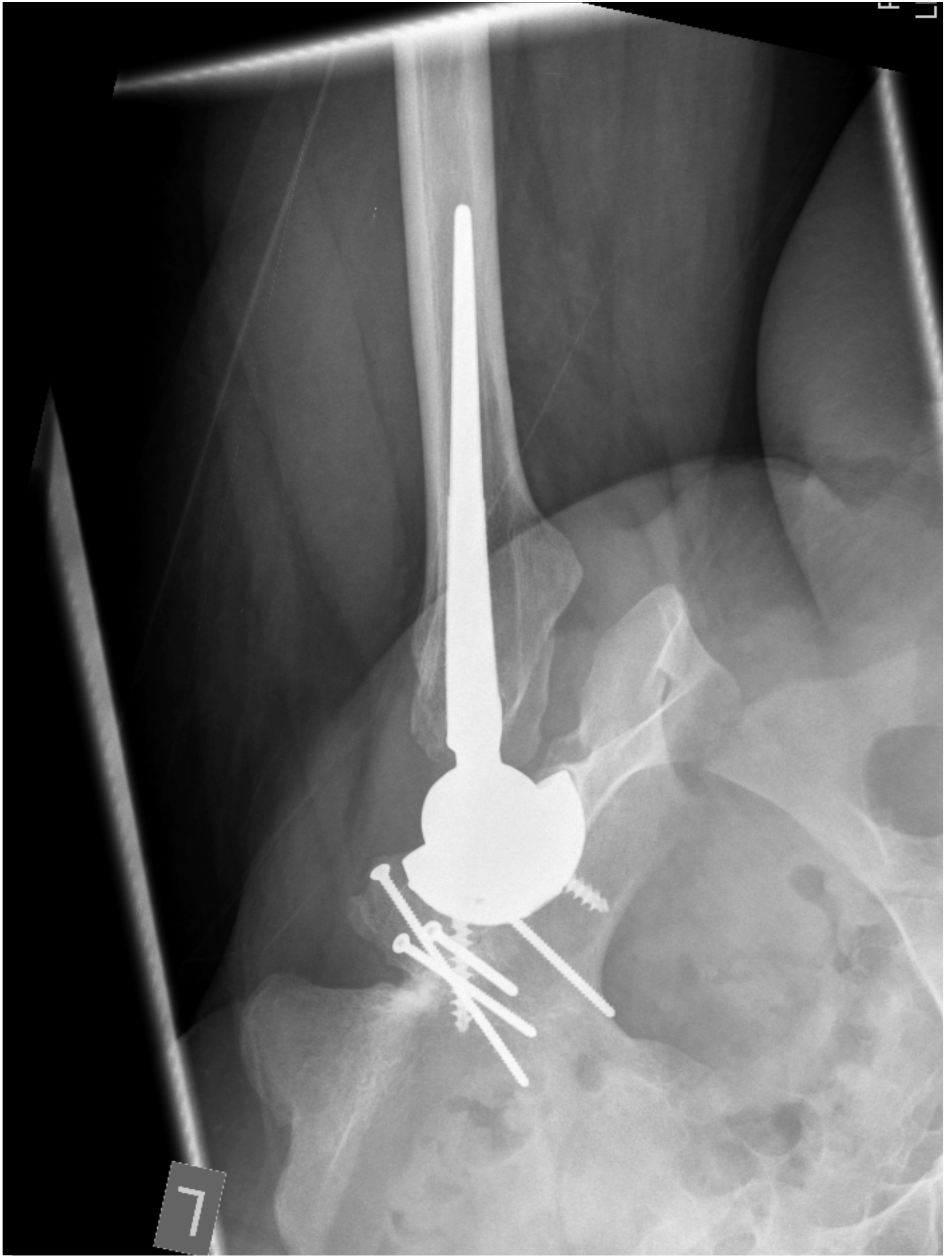
# Low dislocation

- Mainly acetabular problem
- Options:
  - High hip centre
  - Cotyloplasty
  - Medialisation of cup
  - **'Flying buttress' graft**
  - Sliding iliac graft









# Low dislocation

- Mainly acetabular problem
- Options:
  - High hip centre
  - Cotyloplasty
  - Medialisation of cup
  - ‘Flying buttress’ graft
  - **Sliding iliac graft**



Total hip arthroplasty with a sliding iliac graft for acetabular dysplasia

M. Ikeuchi,  
T. Kawakami,  
K. Kitaoka,  
Y. Okanoué,  
T. Tani

From Kochi  
University, Kochi,  
Japan

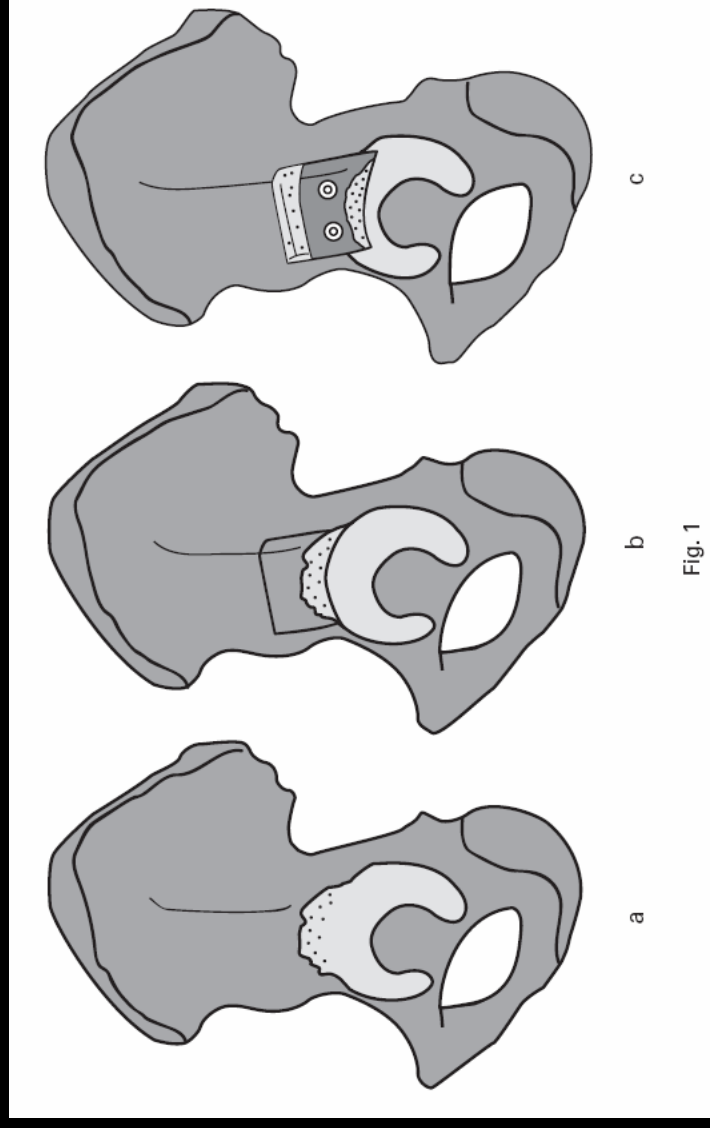


Fig. 1



Fig. 3b

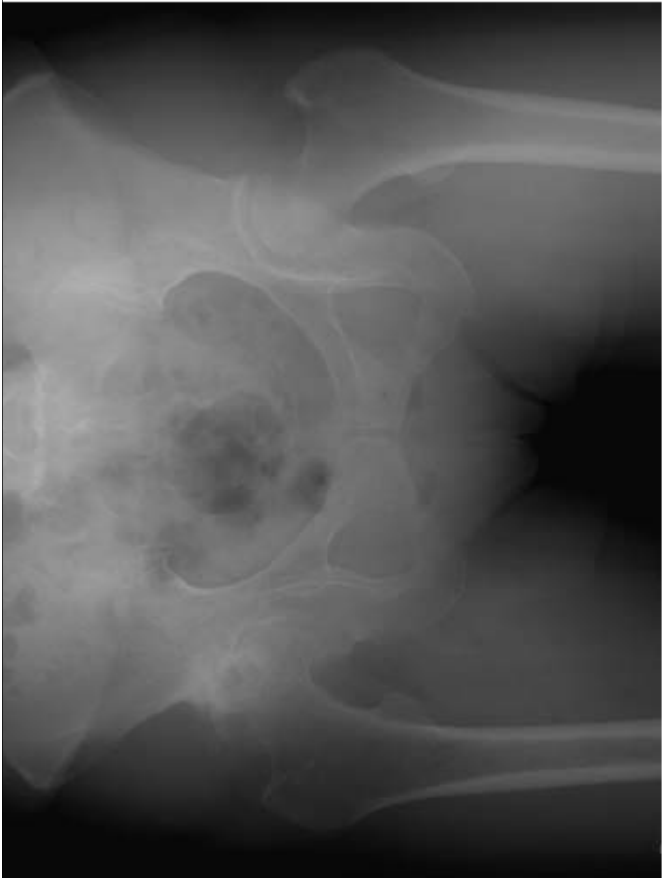
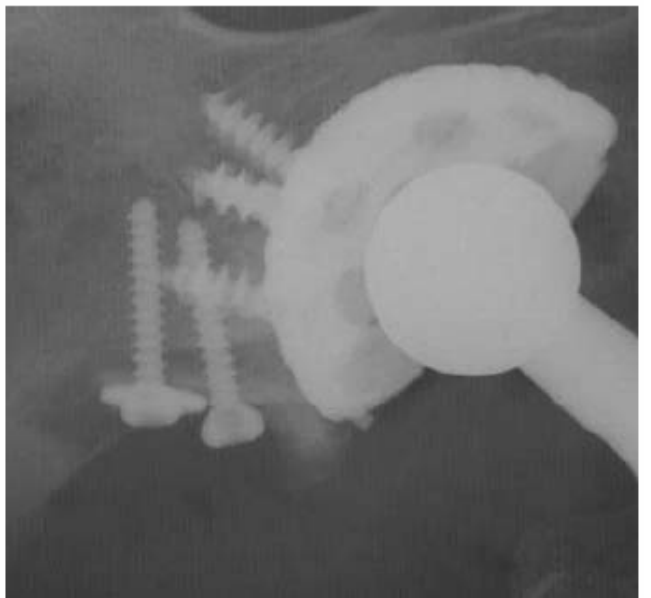
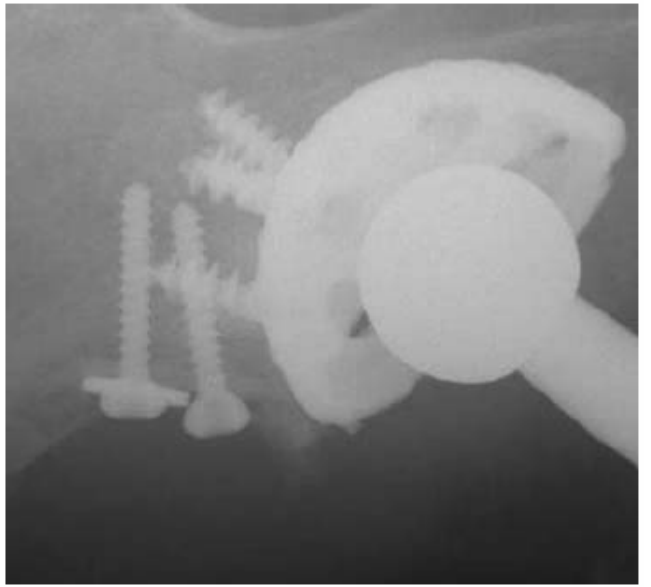
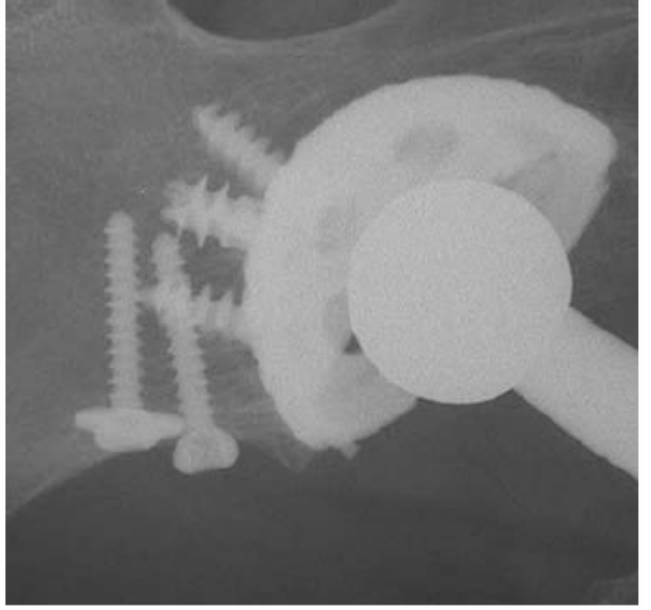
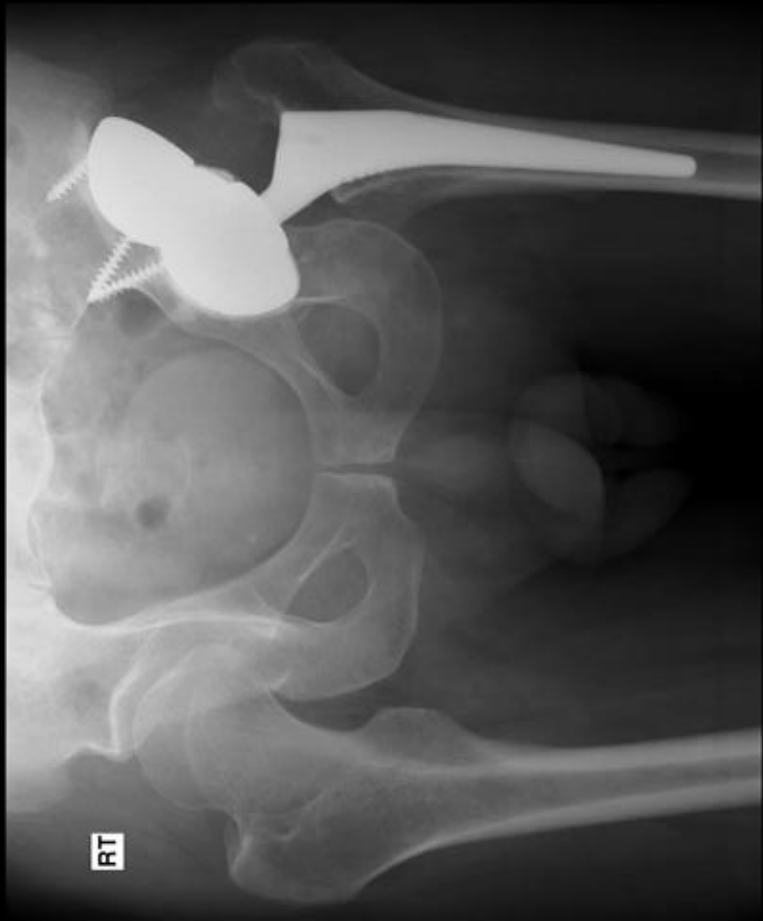


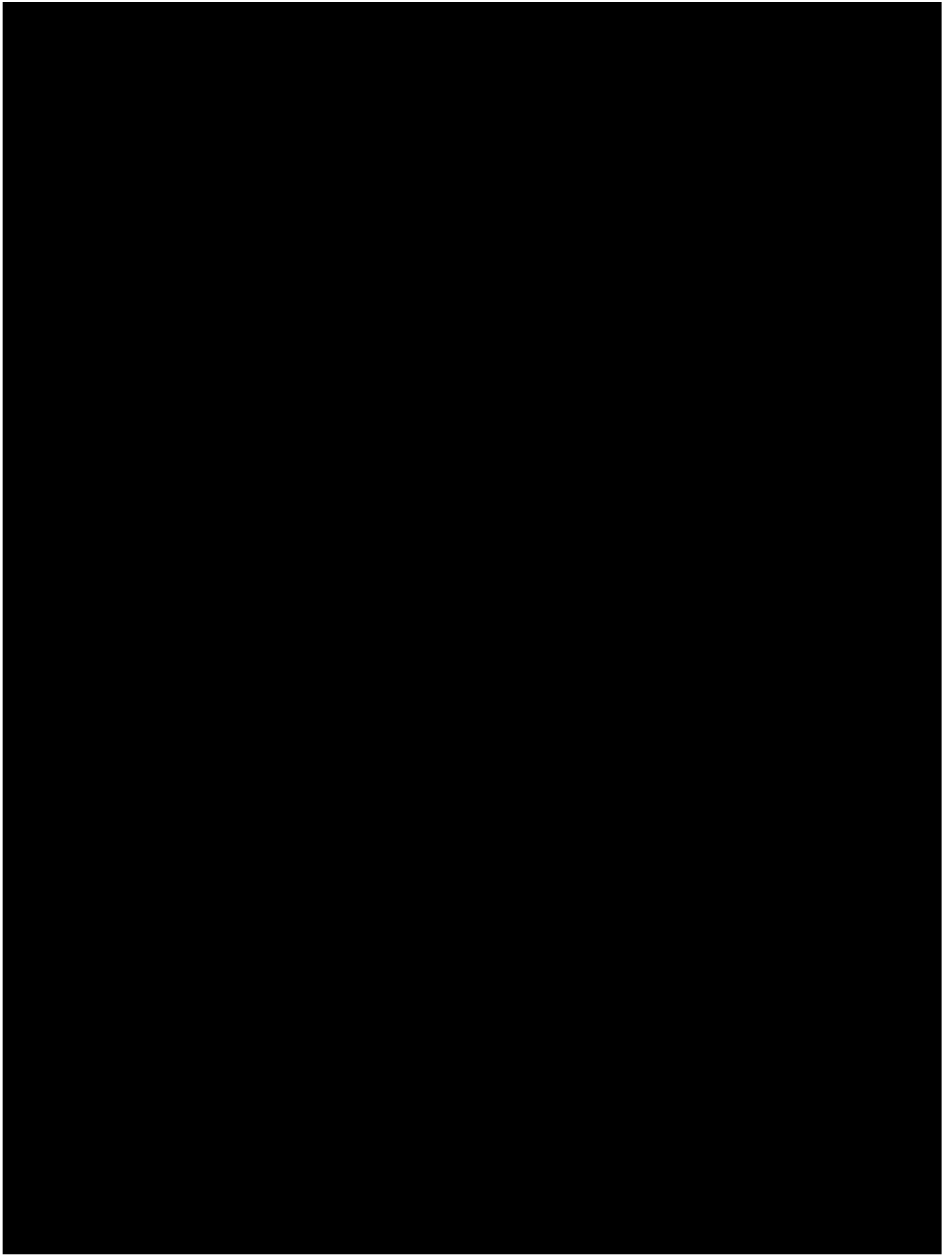
Fig. 3a

# Other options



# Other options





# High dislocation

- Acetabulum
- Femur
- Soft tissues



# High dislocation

- Acetabulum
  - Small, shallow
  - Triangular
  - Anteverted
  - Narrow opening
  - Best bone posterior
- Femur
- Soft tissues



# High dislocation

- Acetabulum
- Femur
  - Hypolastic
  - Anteverted
  - ?bowed
- Soft tissues



# High dislocation

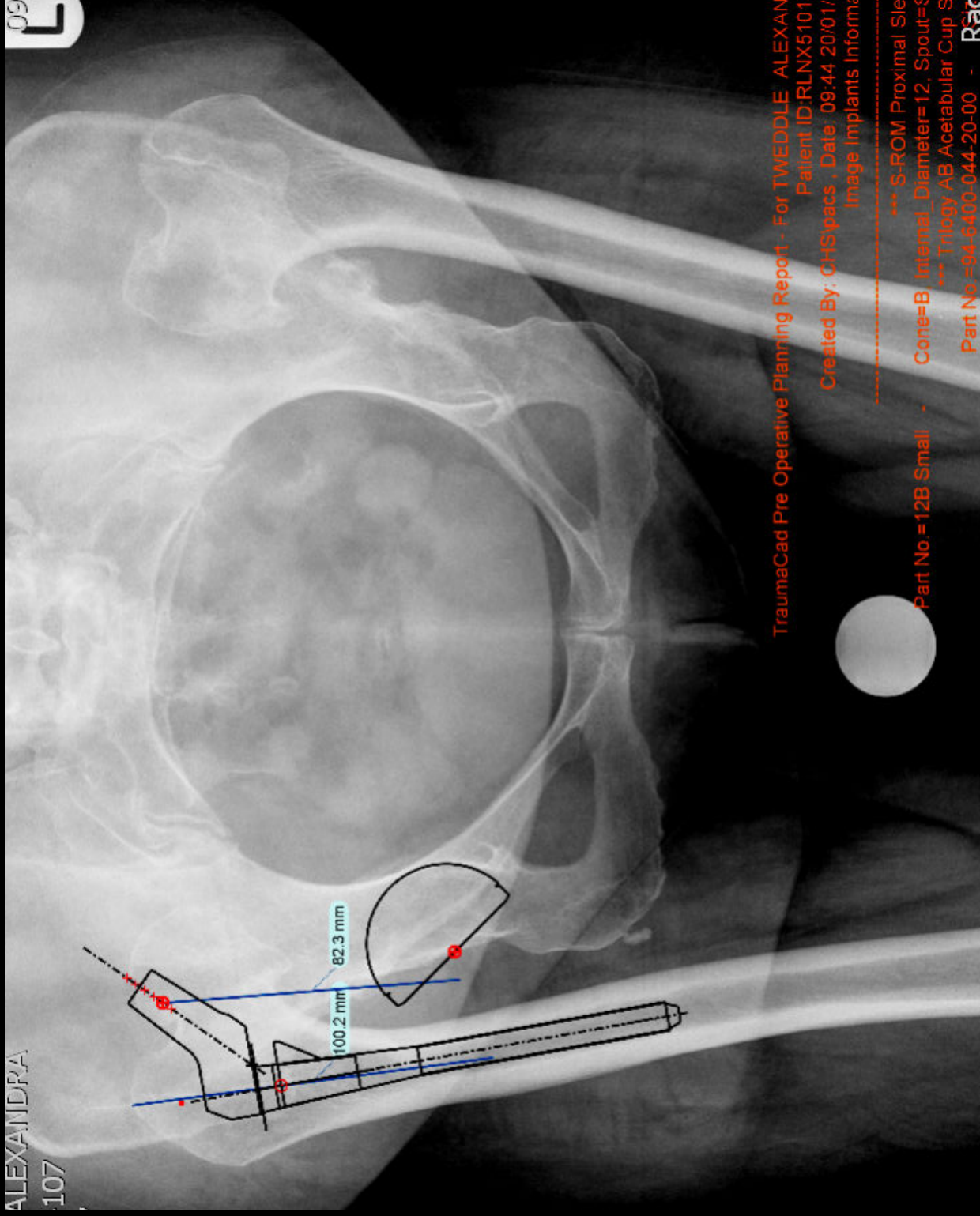
- Acetabulum
- Femur
- Soft tissues
  - Muscles
  - Nerves



# Planning

ALEXANDRA  
107

09  
L

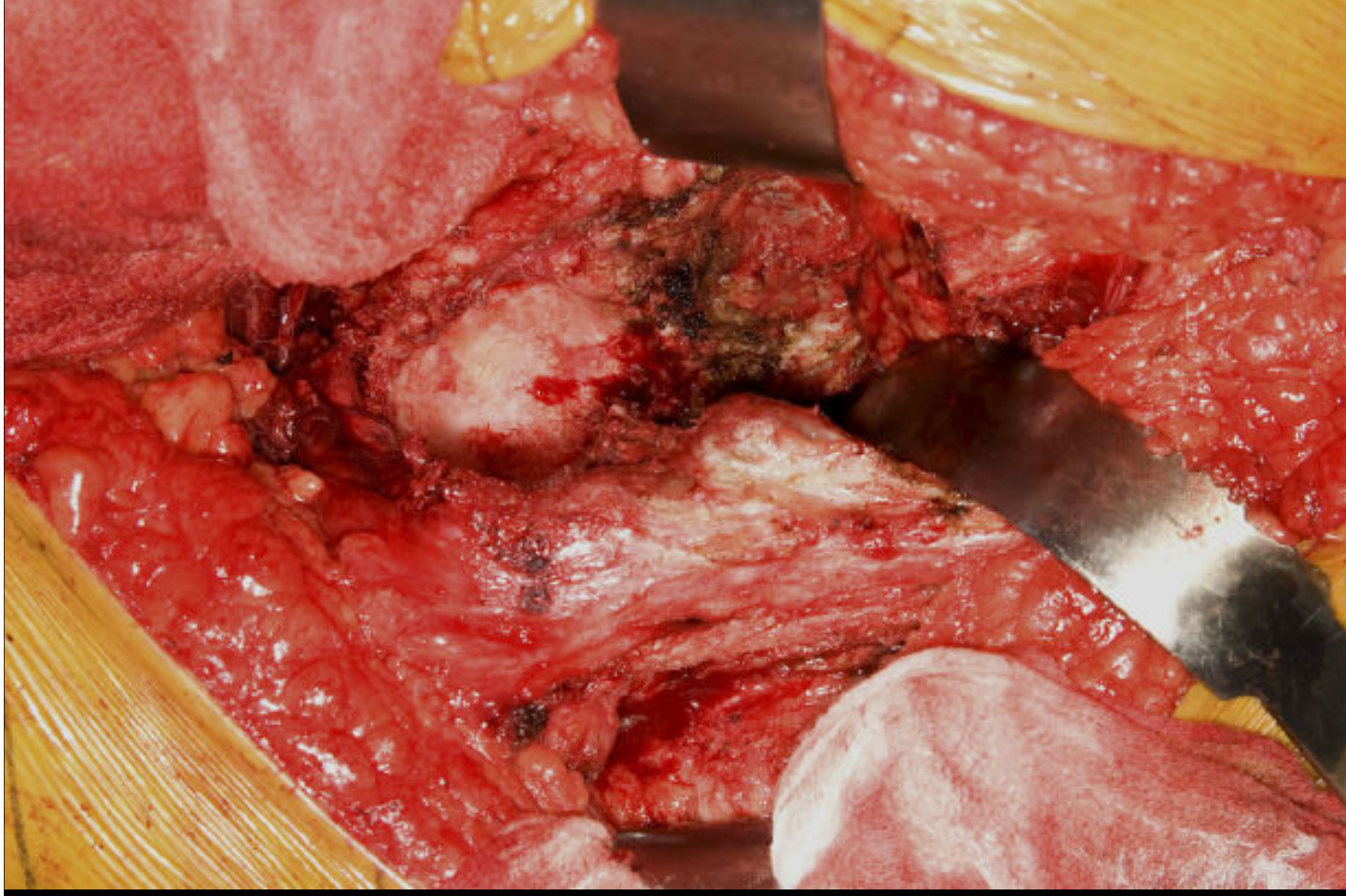


TraumaCad Pre Operative Planning Report - For TWEEDLE, ALEXAN  
Patient ID:RLNX5101,  
Created By: CHSpacs , Date: 09:44 20/01;  
Image Implants Informa

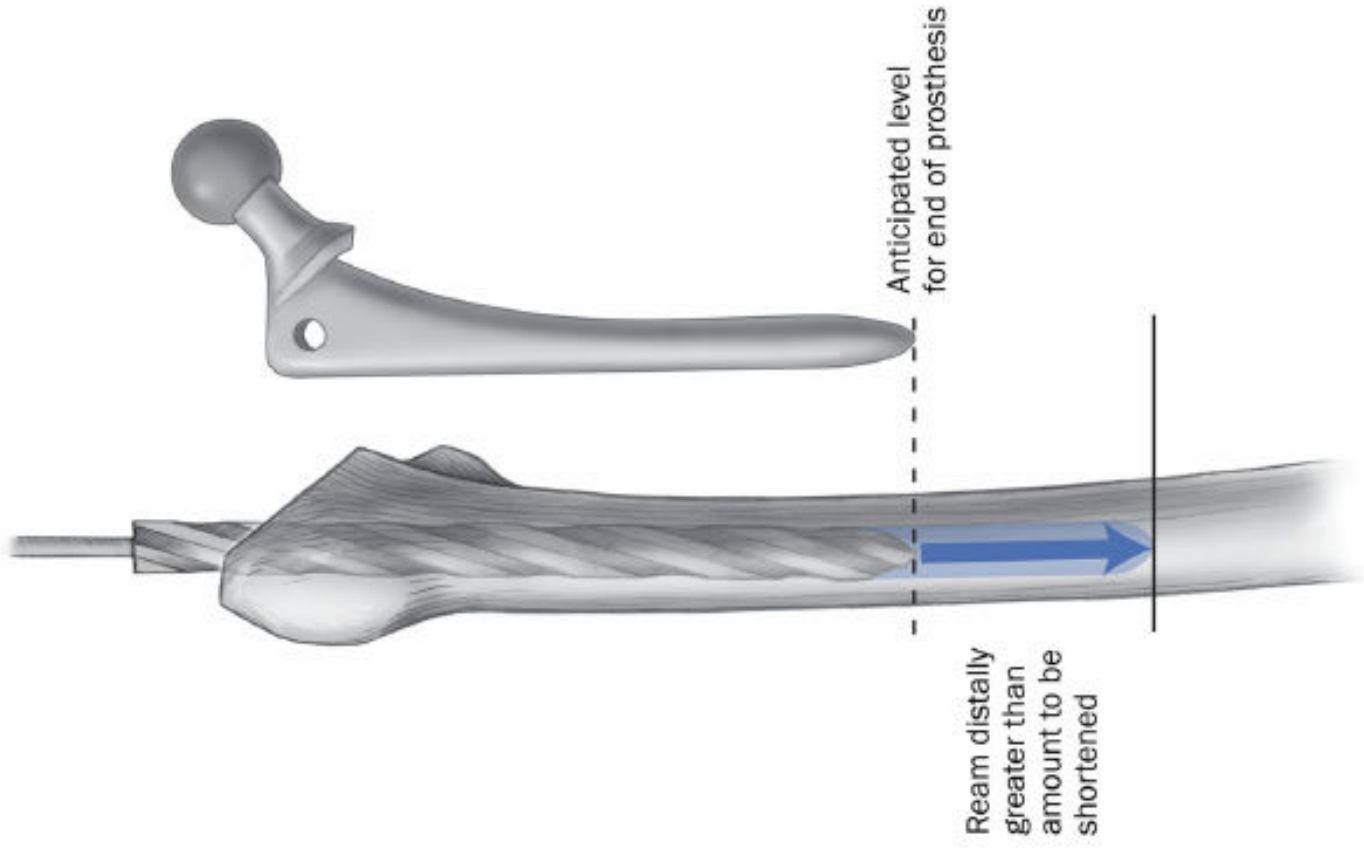
---

\*\*\* S-ROM Proximal Sle  
Part No.= 12B Small - Cone=B, Internal\_Diameter=12, Spout=S  
\*\*\* Trilogy AB Acetabular Cup S  
Part No.=94-6-400-044-20-00 - Rac

# Acetabulum



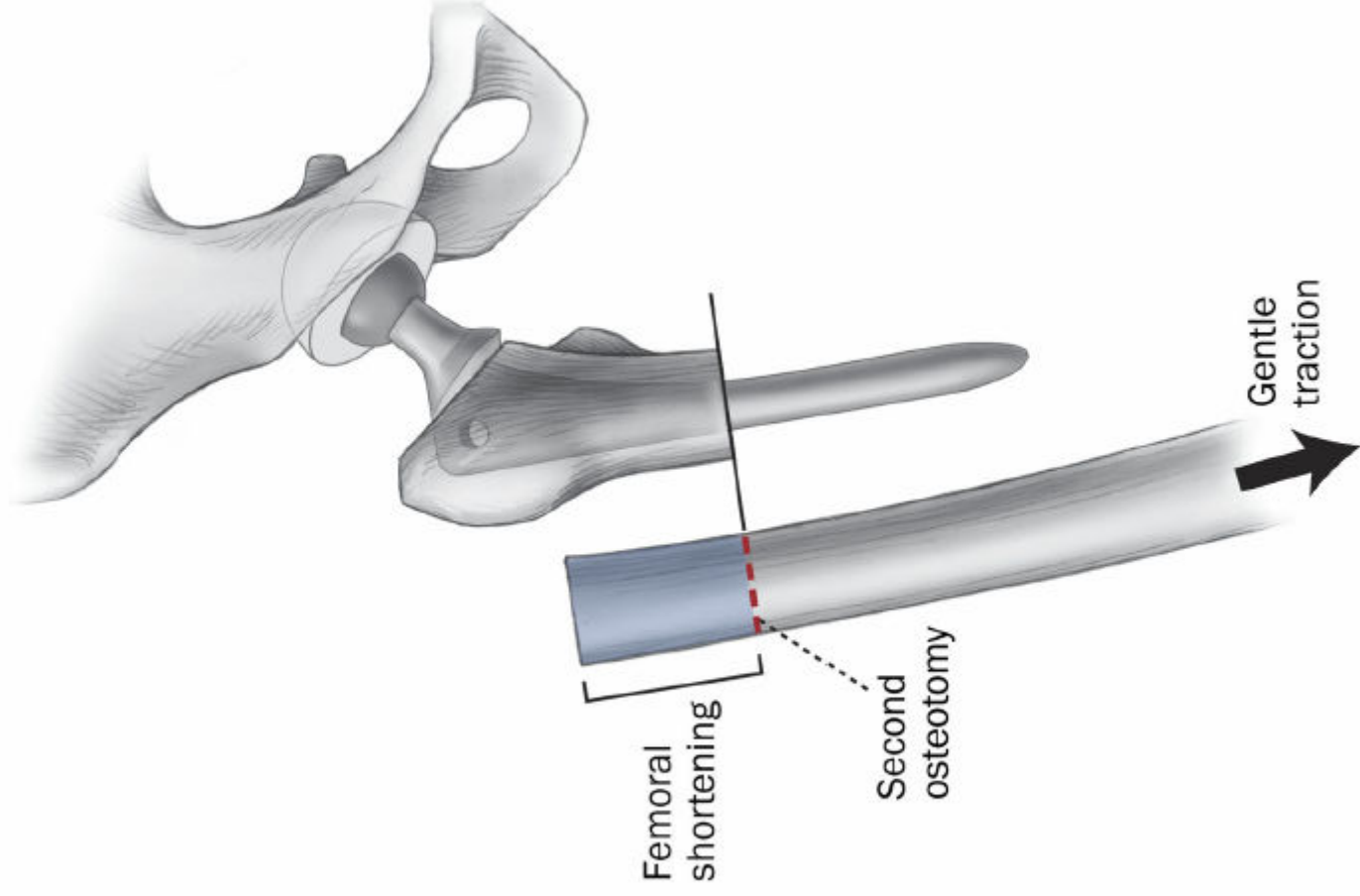
# Femur



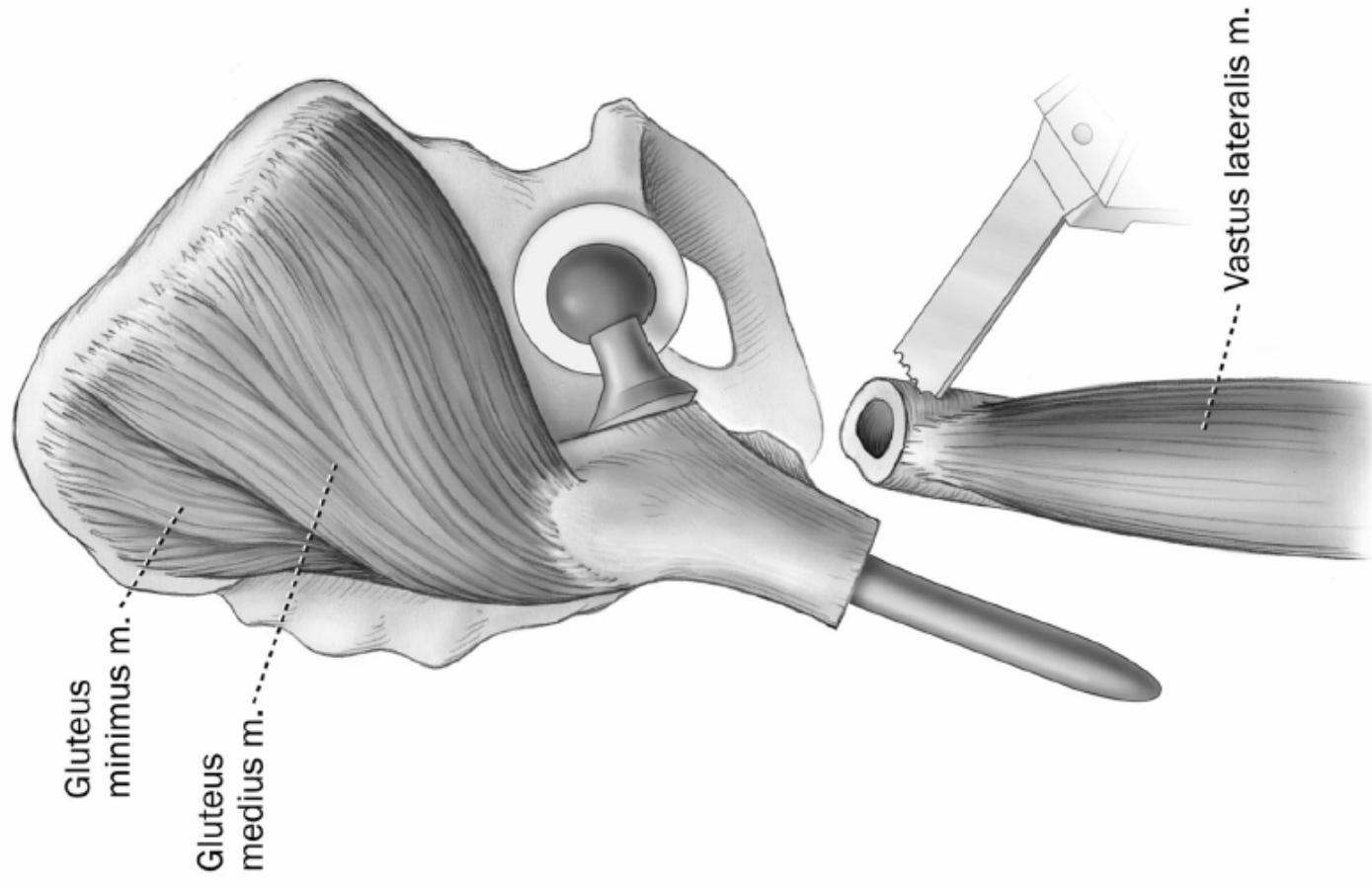
# Osteotomy



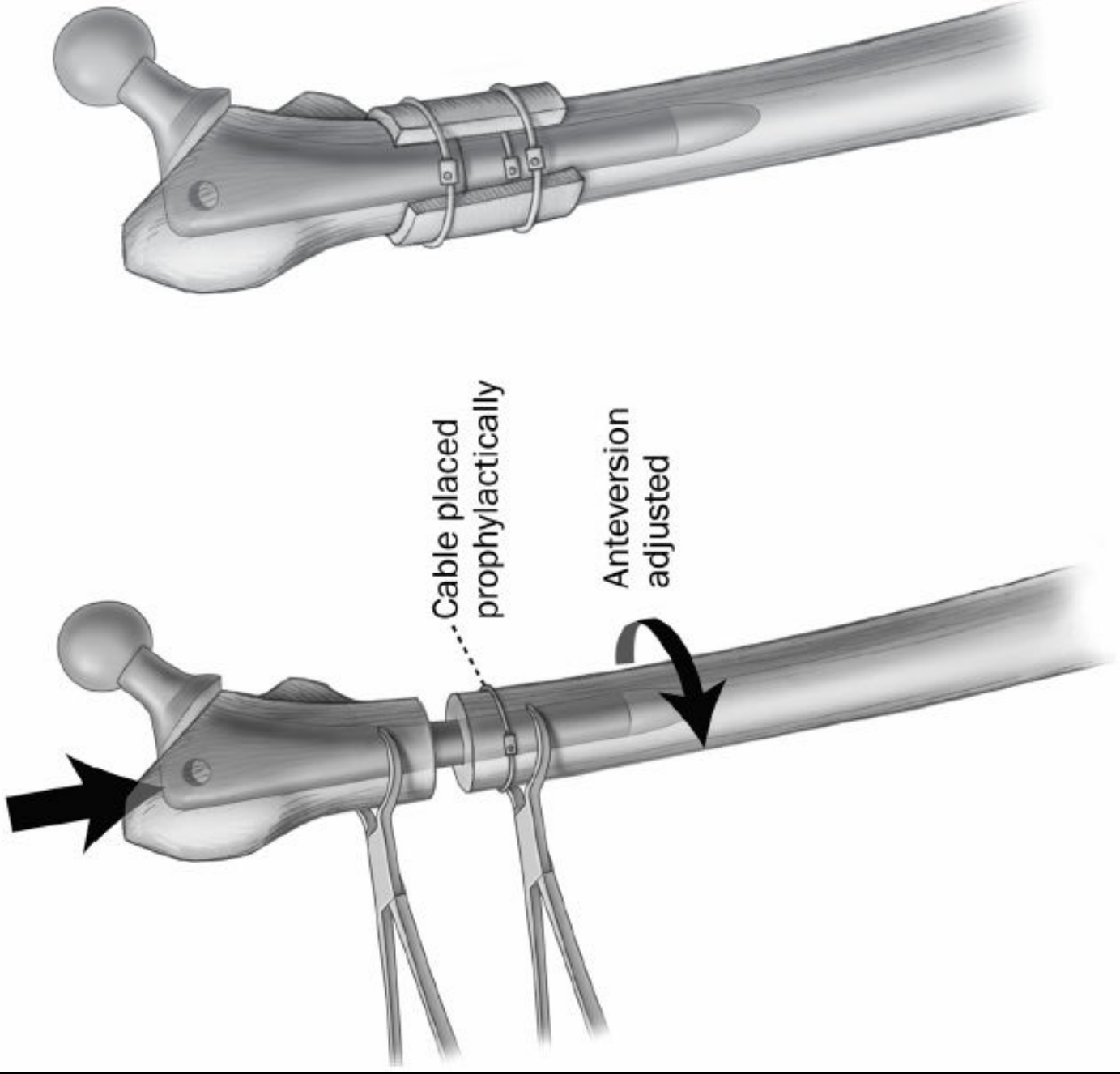
# Trial reduction

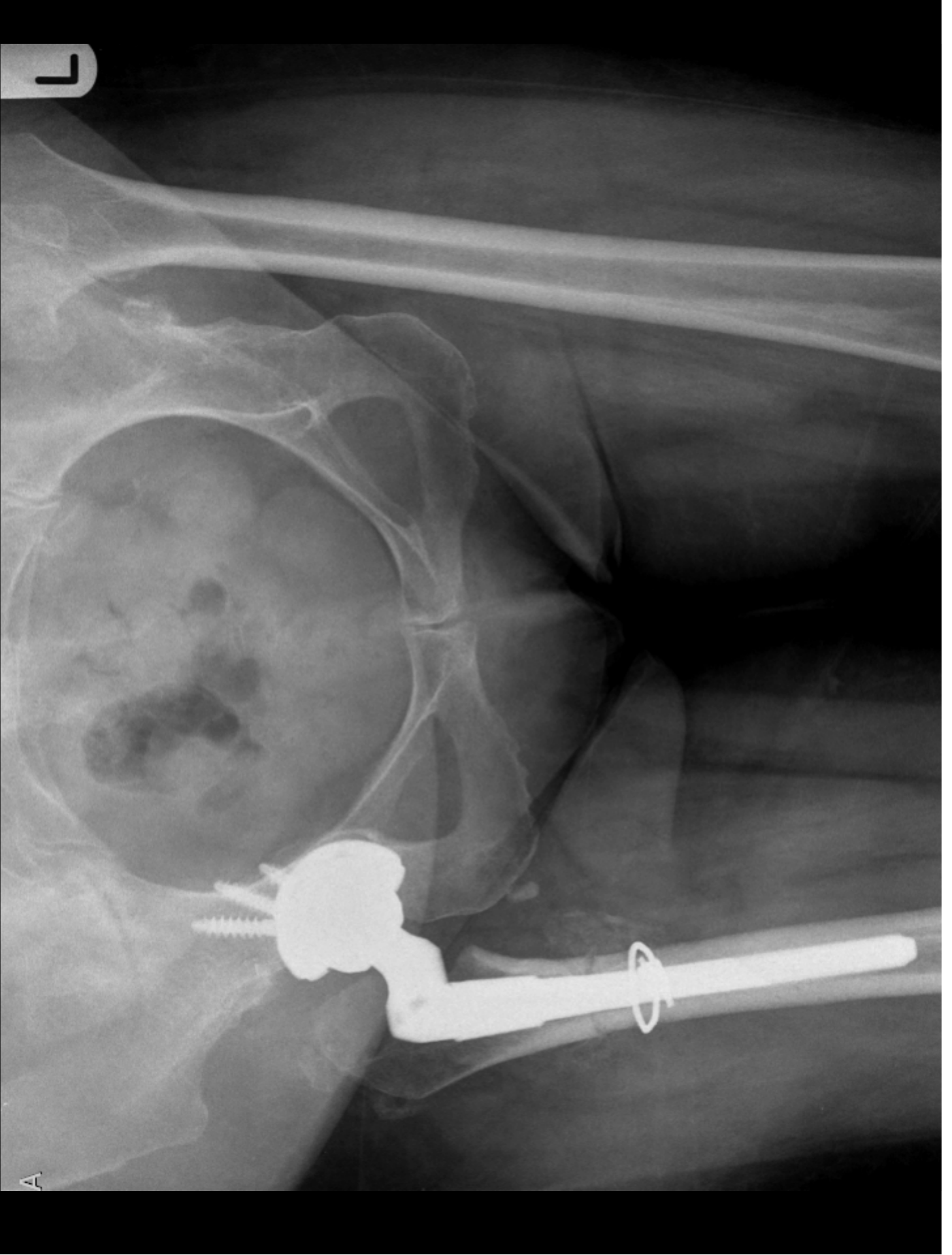


# Femoral shortening



# Implantation





# Treatment of Crowe IV high hip dysplasia with total hip replacement using the Exeter stem and shortening derotational subtrochanteric osteotomy

J. A. F. Charity,  
E. Tsiridis,  
A. Sheeraz,  
J. R. Howell,  
M. J. W. Hubble,  
A. J. Timperley,  
G. A. Gie



Fig. 1a



Fig. 1b



Fig. 1c

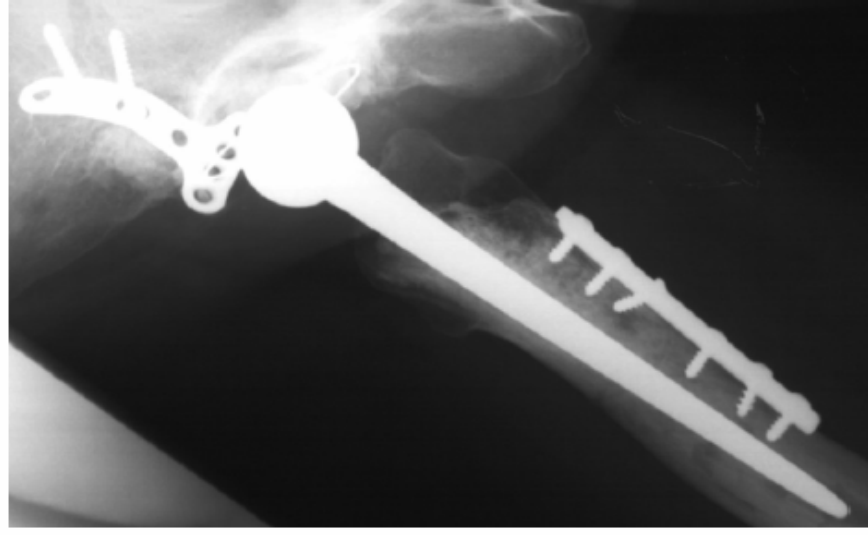
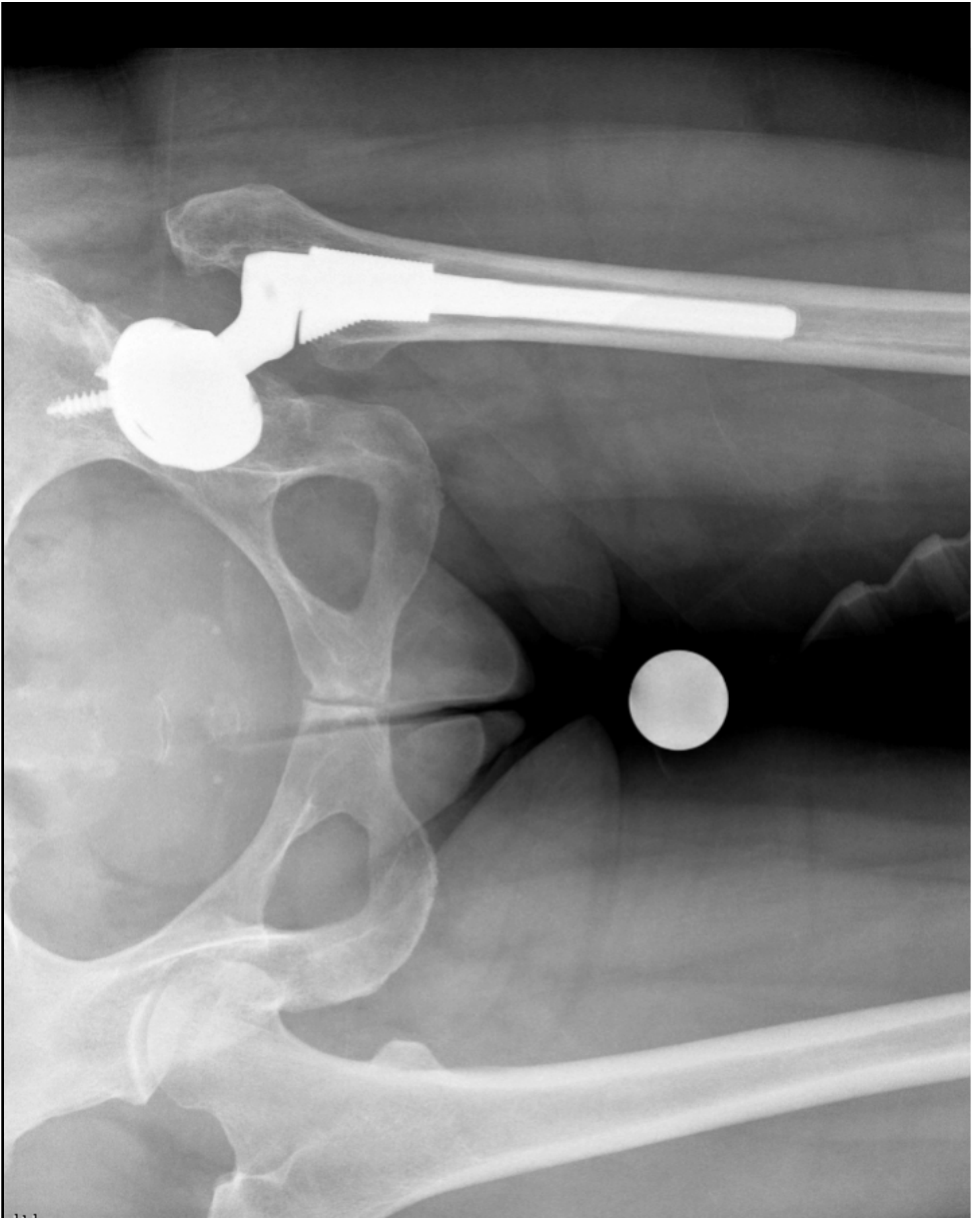


Fig. 1d

Anteroposterior (AP) radiographs of the left hip a) pre-operatively, b) immediately after operation, c) after 12 years and d) lateral view after 12 years.

# Old Perthes/SUFE



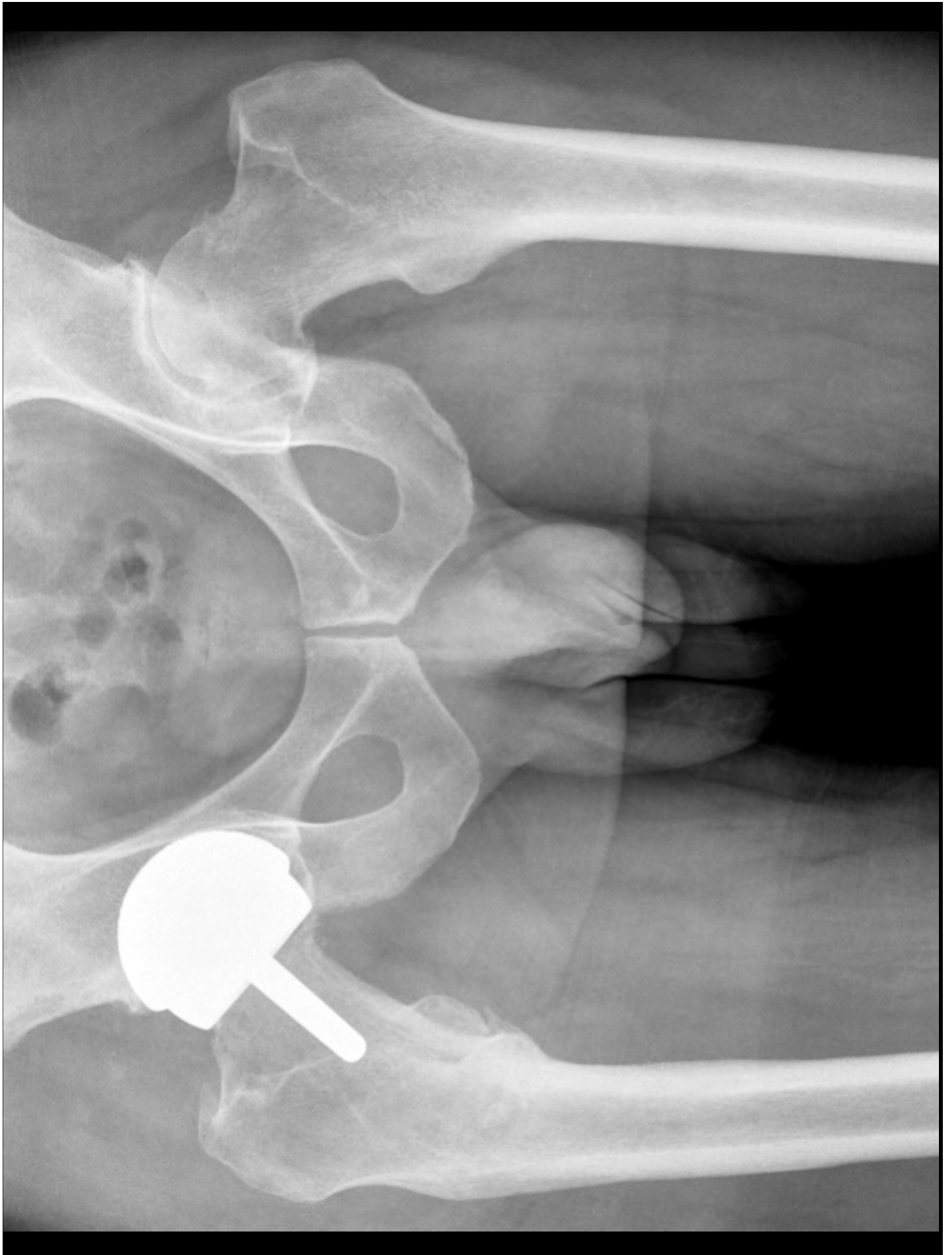


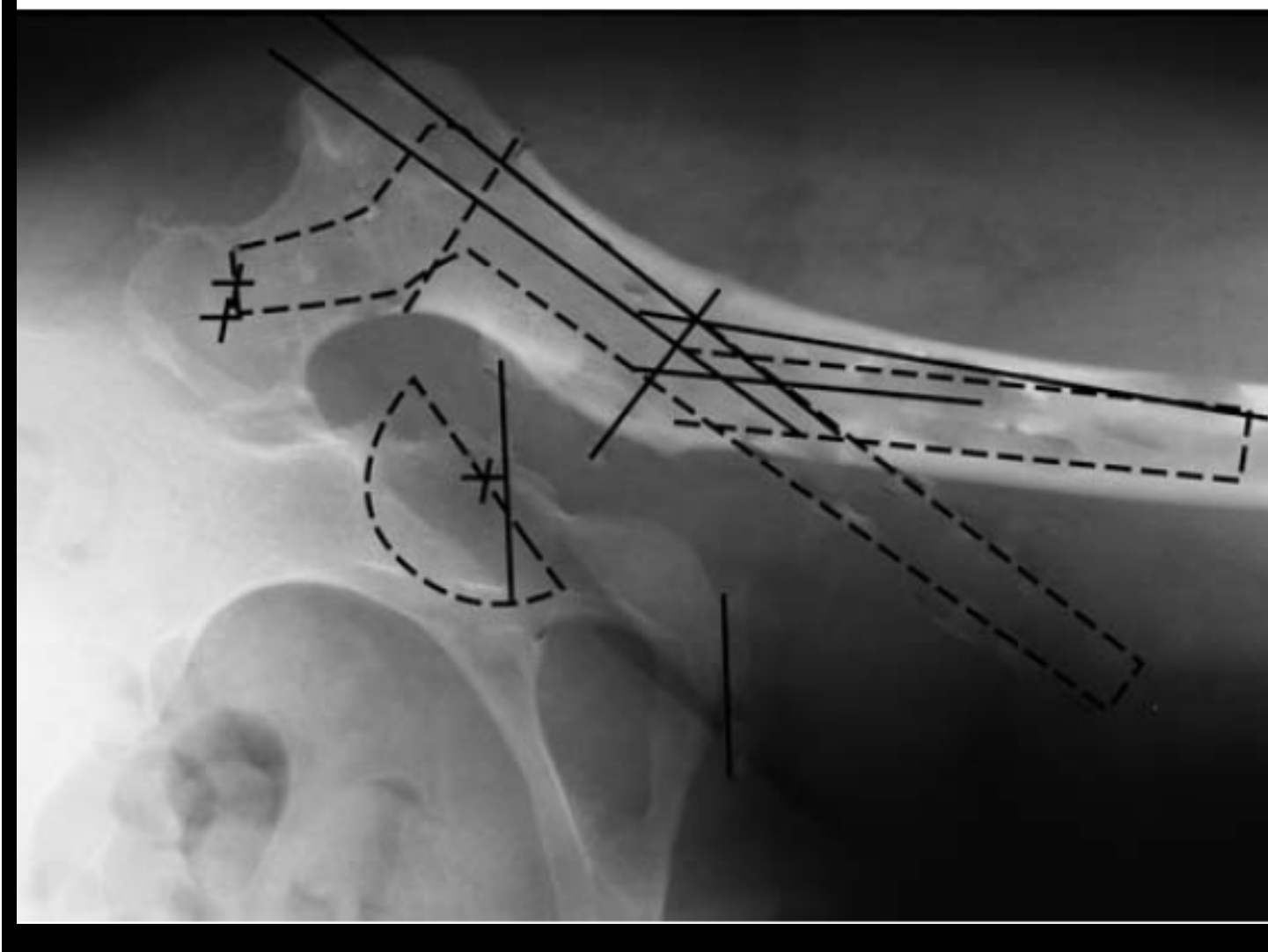
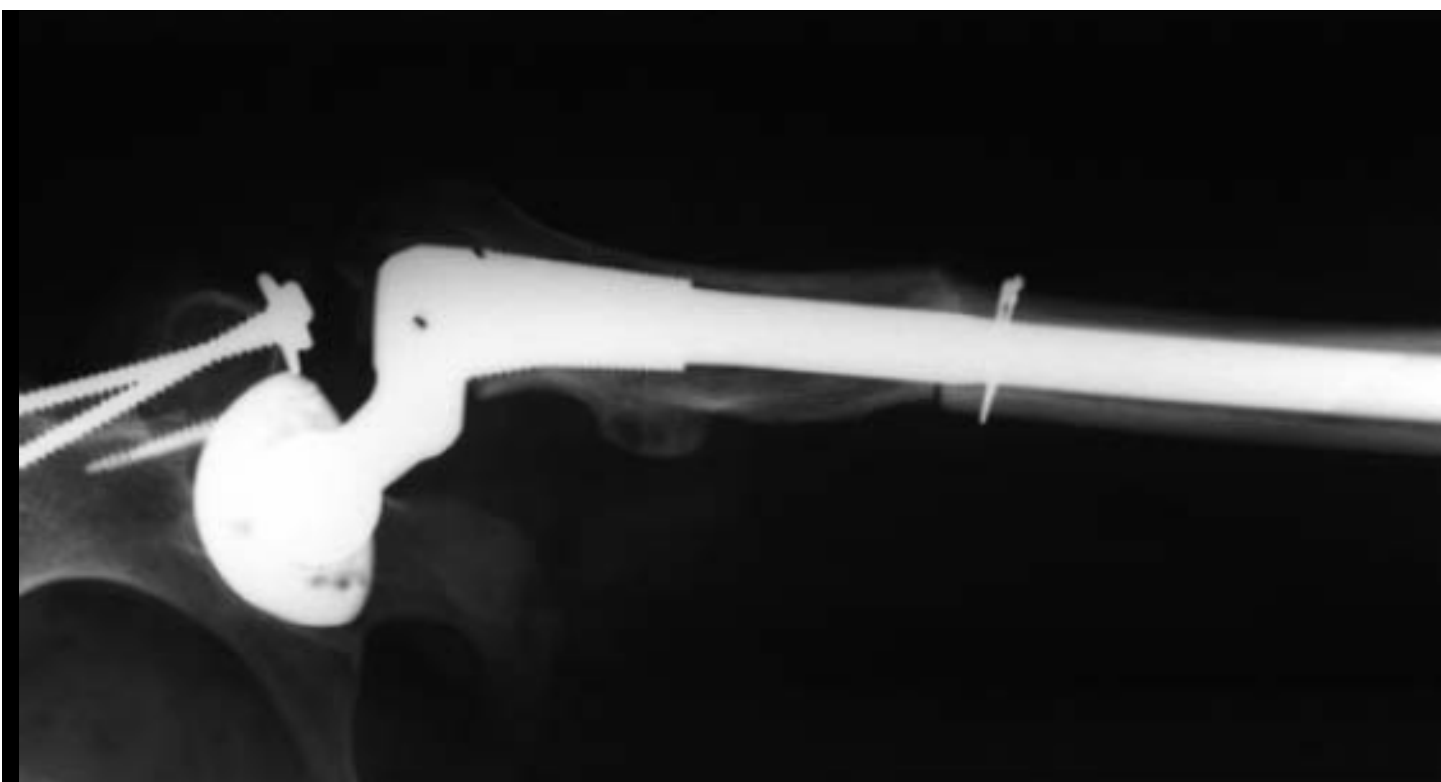




# Previous osteotomies











R

# In conclusion:

- Template
- Plan
- Be prepared